



SOCIETÀ ITALIANA
DI GERONTOLOGIA
E GERIATRIA

66°

SIGG

CONGRESSO
NAZIONALE

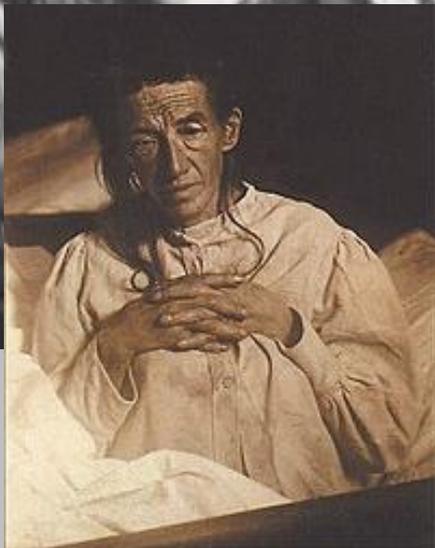
Geriatrics e Rinascita

ROMA, 1-4 DICEMBRE 2021

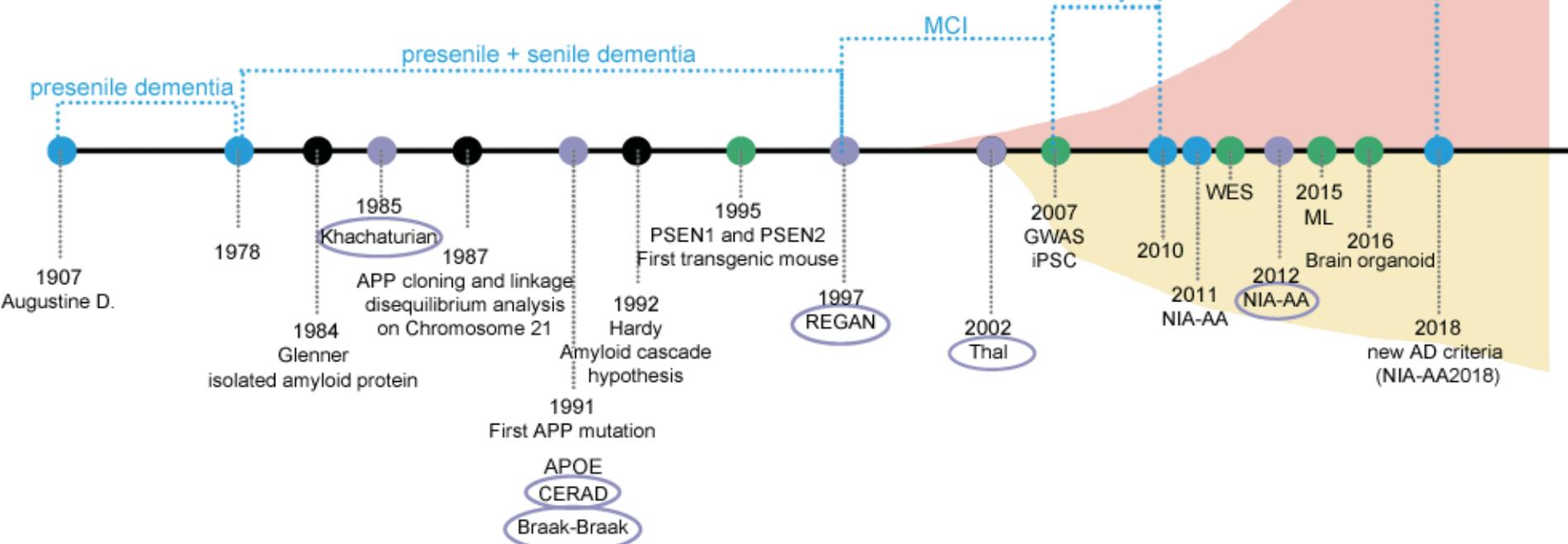
LA MALATTIA DI ALZHEIMER OGGI E DOMANI

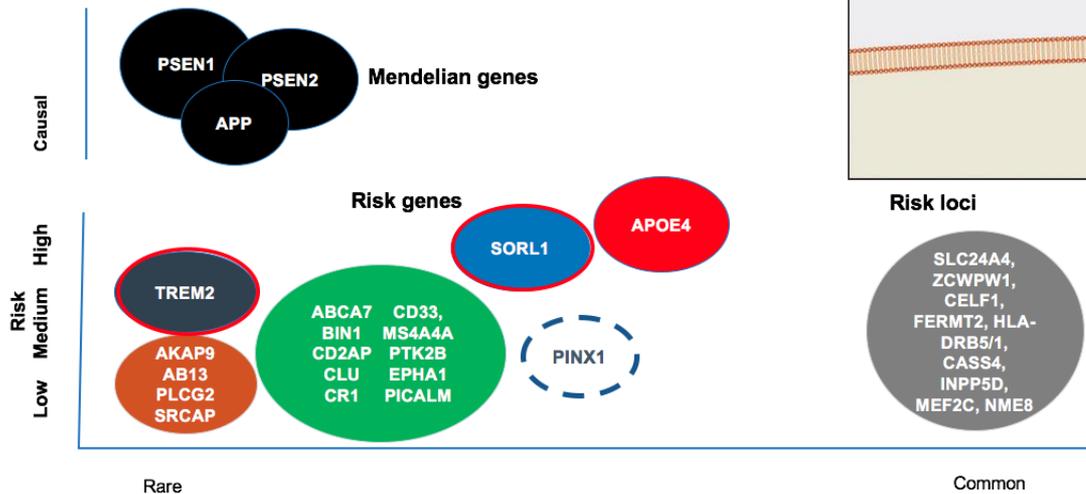
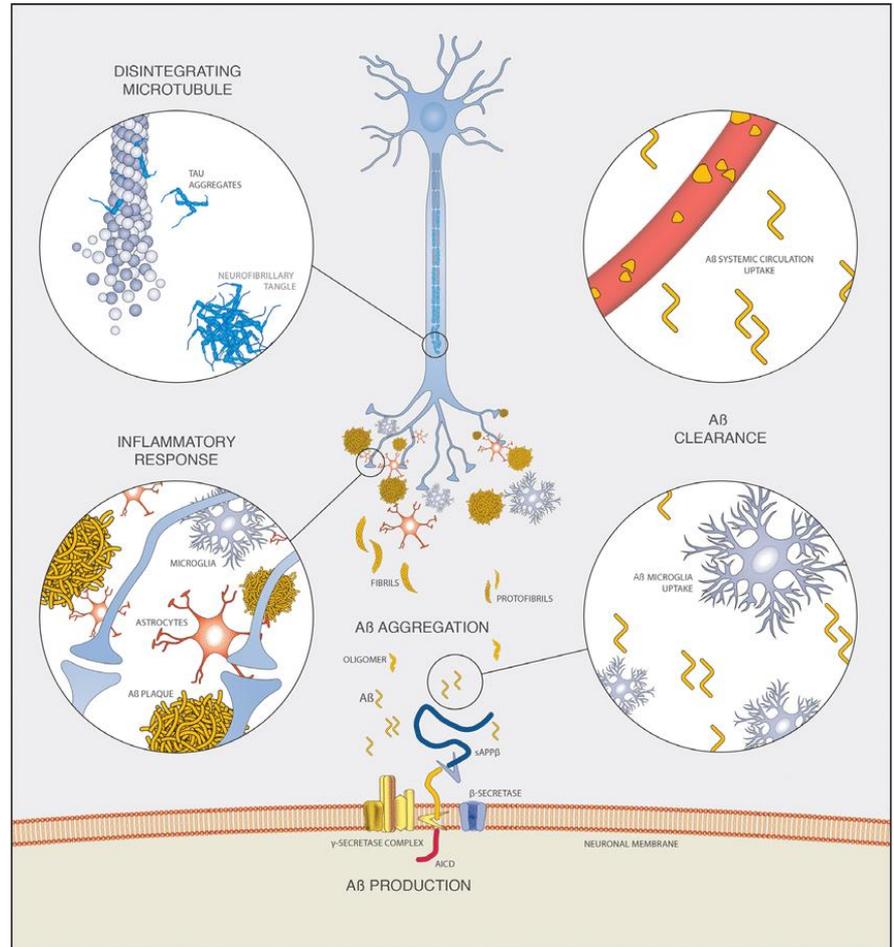
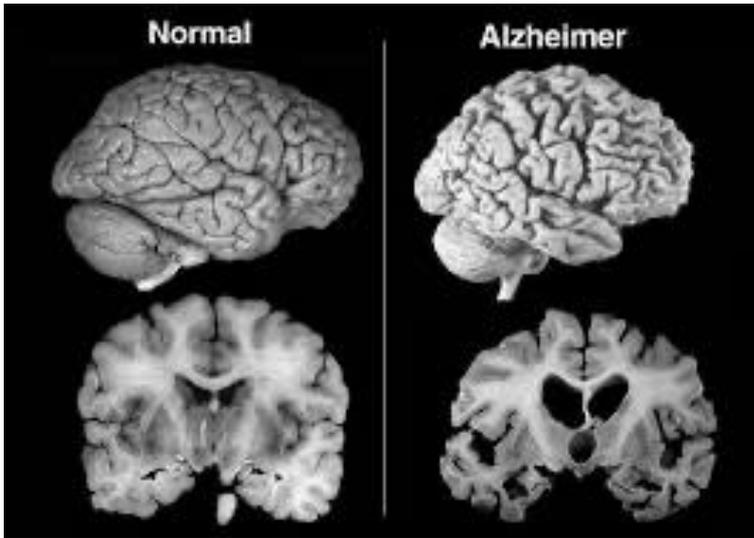
DR DOMENICO FUSCO

FONDAZIONE POLICLINICO GEMELLI IRCCS ROMA



- CLINICAL FEATURES
- NEUROPATHOLOGICAL CRITERIA
- MODEL FOR STUDYING ALZHEIMER'S DISEASE
- BIOMARKERS
- VACCINE ERA

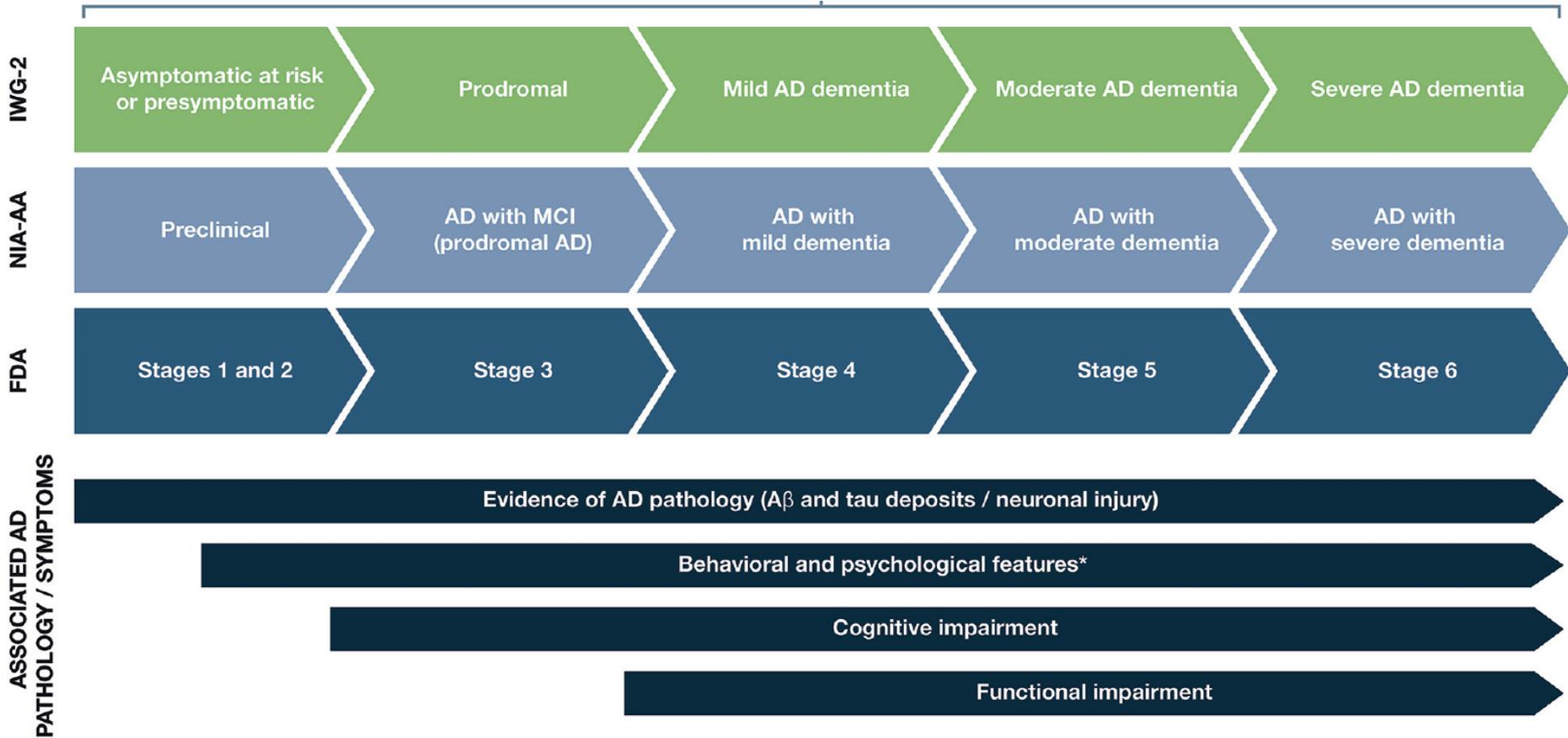




Alzheimer's Disease: what has changed?

- from a **clinical-neuropathological** entity toward a **clinical-biological** definition
- neuropathology: **amyloid** and **tau**
- **AD clinical spectrum**: normal cognition, mild cognitive impairment, different demented syndromes

The Alzheimer's disease continuum





Alzheimer's & Dementia 14 (2018) 535-562

**Alzheimer's
&
Dementia**

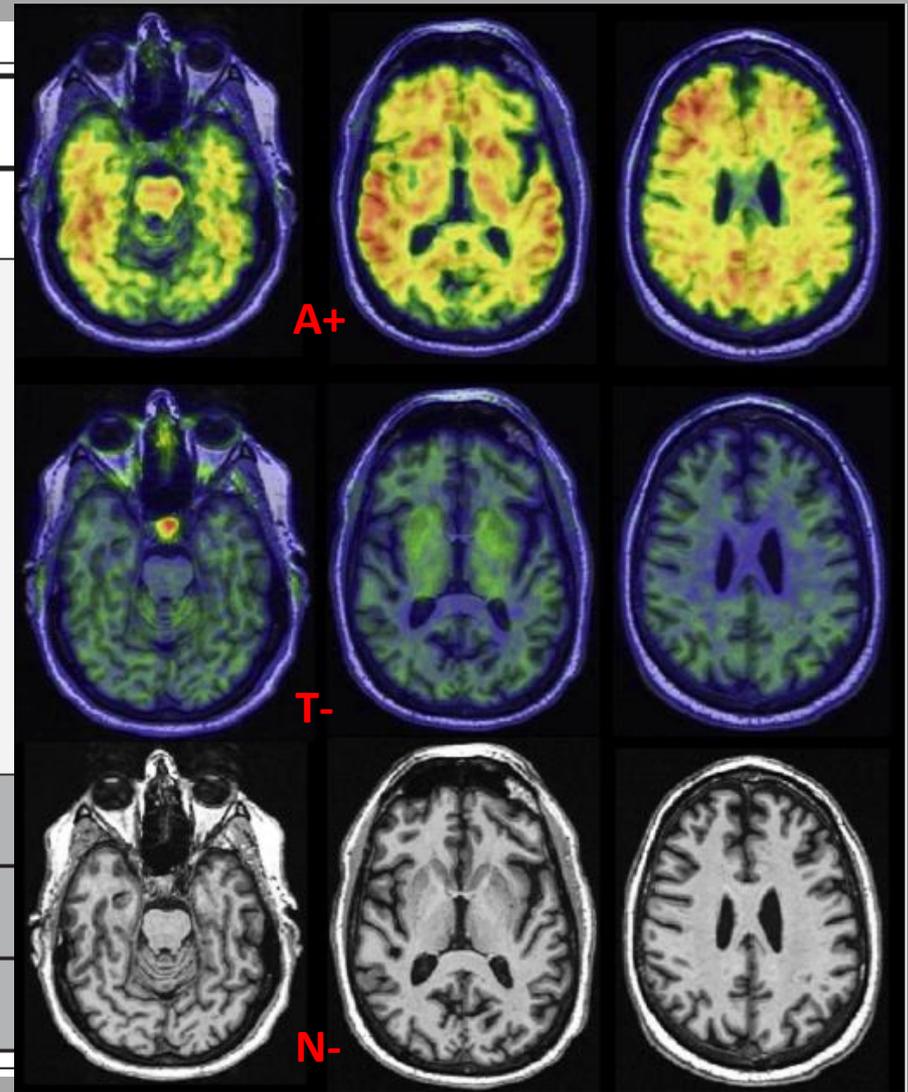
2018 National Institute on Aging—Alzheimer's Association (NIA-AA) Research Framework

**NIA-AA Research Framework: Toward a biological definition
of Alzheimer's disease**

The term “Alzheimer's disease” refers to an aggregate of neuropathologic changes and thus is defined in vivo by biomarkers and by postmortem examination, not by clinical symptoms

Biomarker profiles and categories

AT(N) profiles	Biomarker category	
A-T-(N)-	Normal AD biomarkers	
A+T-(N)-	Alzheimer's pathologic change	Alzheimer's continuum
A+T+(N)-	Alzheimer's disease	
A+T+(N)+	Alzheimer's disease	
A+T-(N)+	Alzheimer's and concomitant suspected non Alzheimer's pathologic change	
A-T+(N)-	Non-AD pathologic change	
A-T-(N)+	Non-AD pathologic change	
A-T+(N)+	Non-AD pathologic change	





Advancing research diagnostic criteria for Alzheimer's disease: the IWG-2 criteria

Bruno Dubois, Howard H Feldman, Claudia Jacova, Harald Hampel, José Luis Molinuevo, Kaj Blennow, Steven T DeKosky, Serge Gauthier, Dennis Selkoe, Randall Bateman, Stefano Cappa, Sebastian Crutch, Sebastiaan Engelborghs, Giovanni B Frisoni, Nick C Fox, Douglas Galasko, Marie-Odile Habert, Gregory A Jicha, Agneta Nordberg, Florence Pasquier, Gil Rabinovici, Philippe Robert, Christopher Rowe, Stephen Salloway, Marie Sarazin, Stéphane Epelbaum, Leonardo C de Souza, Bruno Vellas, Pieter J Visser, Lon Schneider, Yaakov Stern, Philip Scheltens, Jeffrey L Cummings

Clinical phenotypes

Typical

- Amnestic syndrome of the hippocampal type

Atypical

- Posterior cortical atrophy
- Logopenic variant
- Frontal variant

Preclinical states

Asymptomatic at risk

- No AD phenotype (typical or atypical)

Presymptomatic (autosomal dominant mutation)

- No AD phenotype (typical or atypical)

Required pathophysiological marker

- CSF (low amyloid β_{1-42} and high T-tau or P-tau)
or
- Amyloid PET (high retention of amyloid tracer)

AD is defined as a clinicobiological entity



Clinical diagnosis of Alzheimer's disease: recommendations of the International Working Group

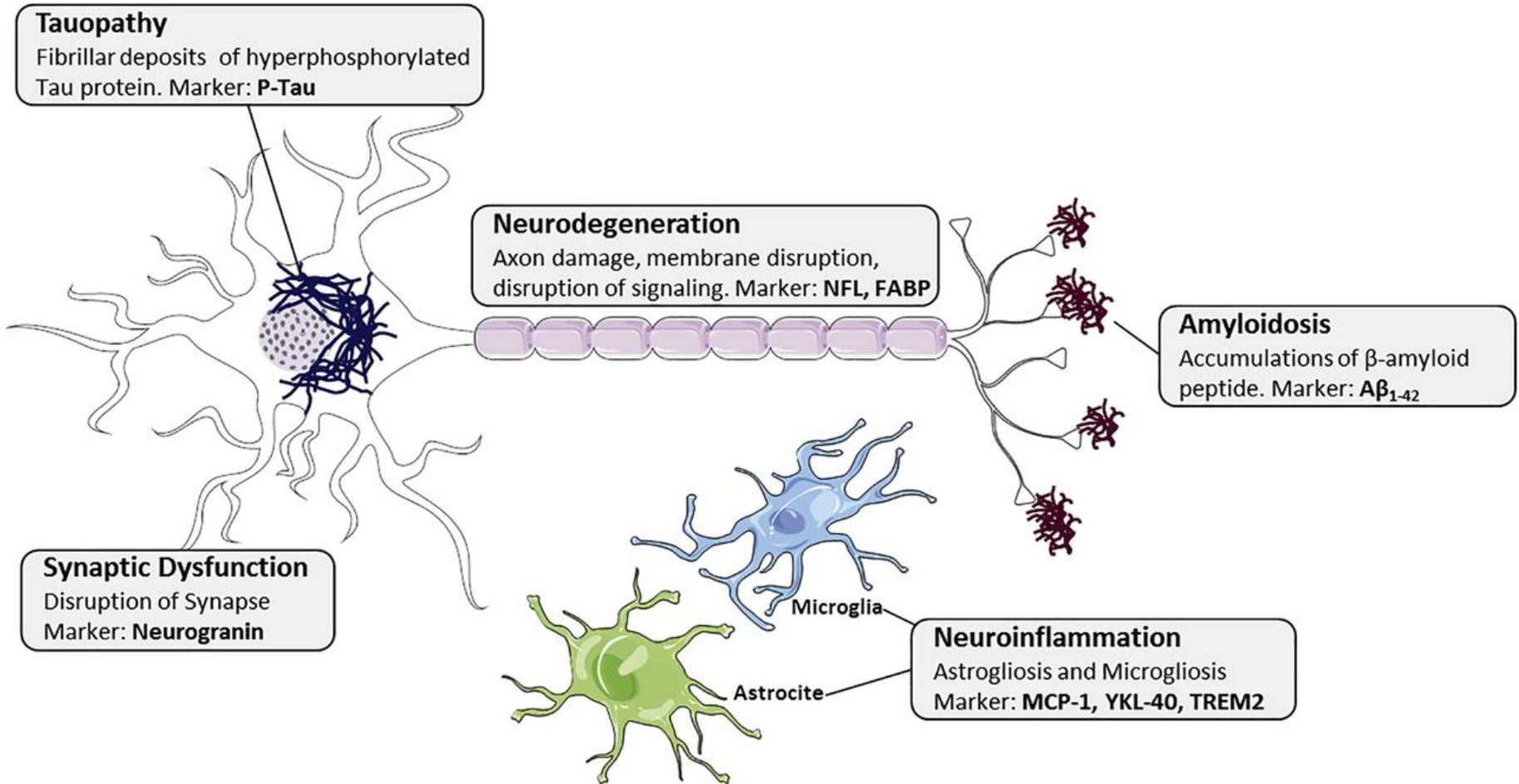
Bruno Dubois, Nicolas Villain*, Giovanni B Frisoni, Gil D Rabinovici, Marwan Sabbagh, Stefano Cappa, Alexandre Bejanin, Stéphanie Bombois, Stéphane Epelbaum, Marc Teichmann, Marie-Odile Habert, Agneta Nordberg, Kaj Blennow, Douglas Galasko, Yaakov Stern, Christopher C Rowe, Stephen Salloway, Lon S Schneider, Jeffrey L Cummings, Howard H Feldman*

The diagnosis of Alzheimer's disease is clinical– biological. It requires the presence of both a specific clinical phenotype of Alzheimer's disease (phenotype positive) and biomarker evidence of Alzheimer's disease pathology (amyloid-positive and tau positive).

The positivity of both amyloid and tau biomarkers is required because an amnesic phenotype with only amyloid positivity is not specific to Alzheimer's disease and is seen in other neurodegenerative diseases with amyloid copathology (including LATE and dementia with Lewy bodies) or in patients with cerebral amyloid angiopathy and amnesic vascular cognitive impairment.

If pathophysiological biomarkers are not available, patients should have a clinical syndromic diagnosis— eg, amnesic Alzheimer's disease phenotype or logopenic variant primary progressive aphasia (ie, phenotype positive with unknown amyloid β and tau status), and staging (mild cognitive impairment or dementia) can still be applied. In these situations, attention should be given to ruling out non-degenerative causes. If a positive neurodegeneration biomarker (FDG-PET, MRI, elevated CSF NLC) is associated with a common Alzheimer's disease phenotype, the term neurodegenerative disease of Alzheimer type can be used .

Biomarkers in AD



Biomarkers in AD

	A Amyloid	B Tau	N Neuroinflammation
CSF	↓ $A\beta_{42}$ ↓ $A\beta_{42}/A\beta_{40}$ ratio	↑ T-Tau ↑ p-Tau	↑ Neurofilament light chain (NFL)
Plasma	Controversial	↑ T-Tau	↑ Neurofilament light chain (NFL)
Imaging	Amyloid PET (PIB, ^{18}F -florbetapir)	Tau PET (^{18}F -flortaucipir, ^{18}F - RO-948)	<ul style="list-style-type: none">• FDG-PET (hypometabolism)• MRI (atrophy)

Plasma p-tau: a novel promising biomarker for AD

Plasma p-tau levels are increased in AD

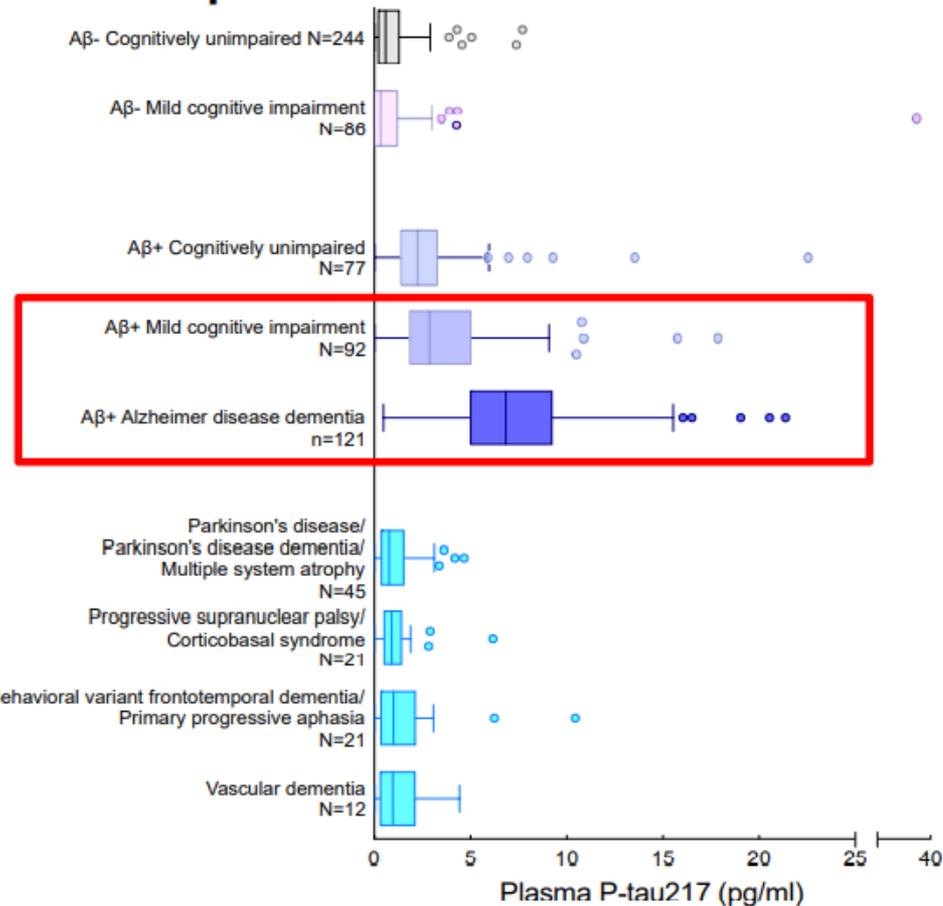


Figure adapted from Palmqvist S, et al. *JAMA*. 2020;324:772–781.¹

Approximative ordering of Alzheimer's disease biomarker changes during the disease course

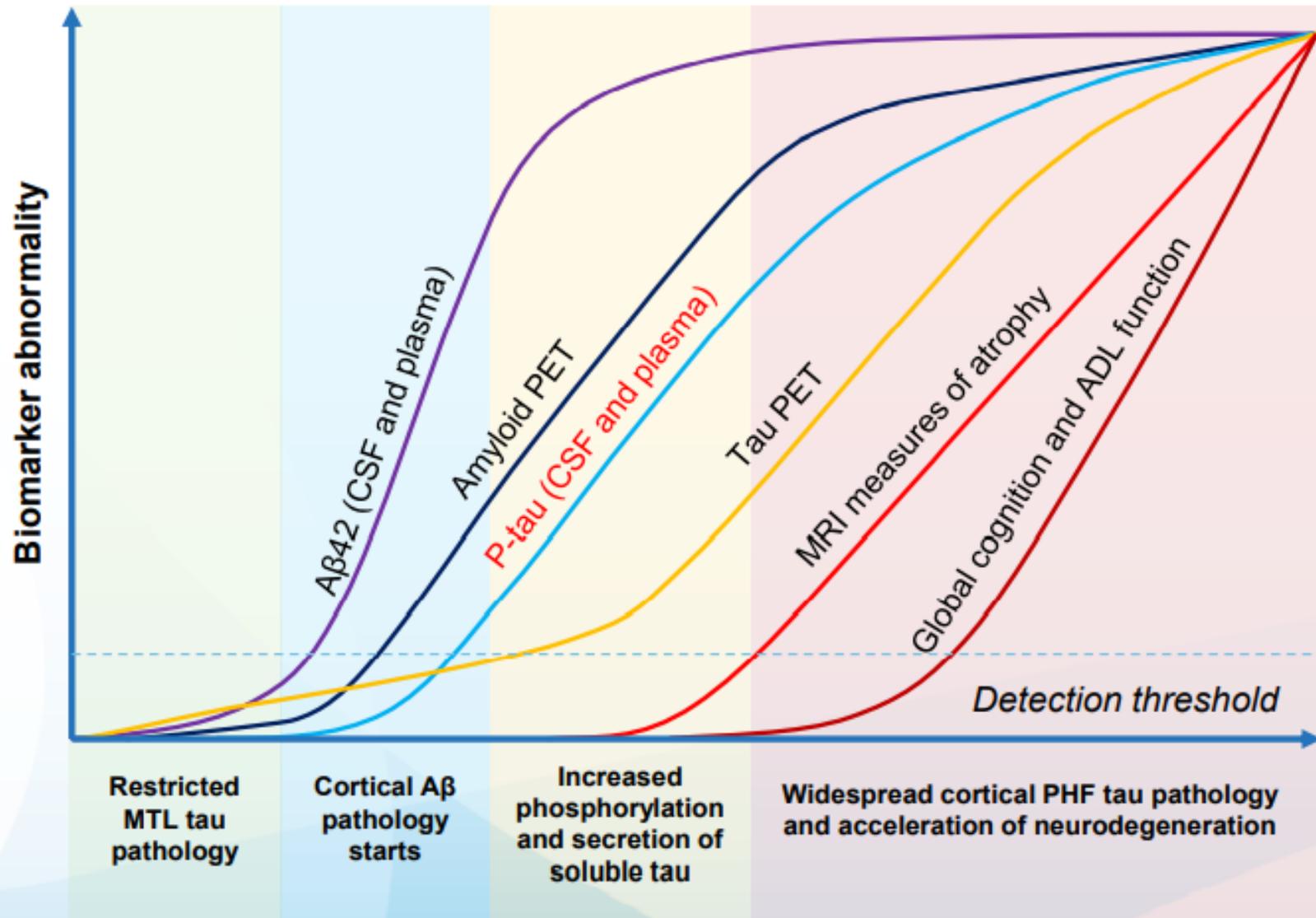
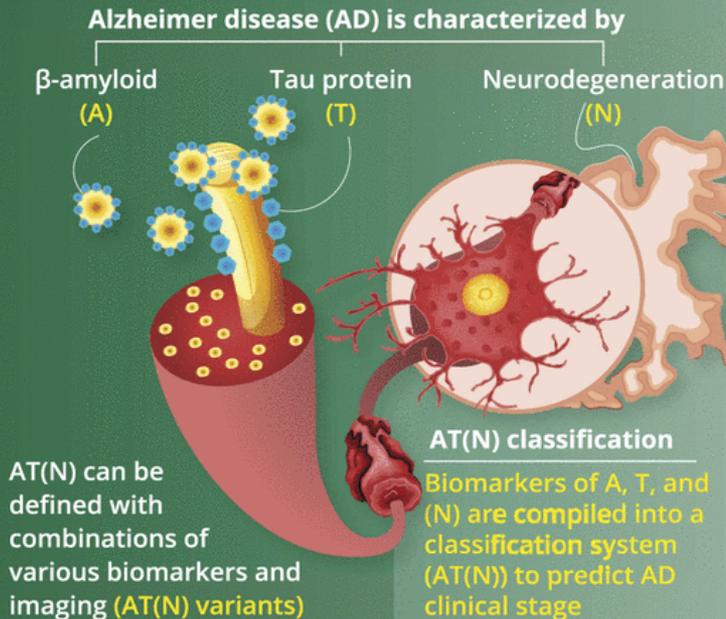


Figure adapted from Hansson O. *Nat Med.* 2021;27:954–963.²

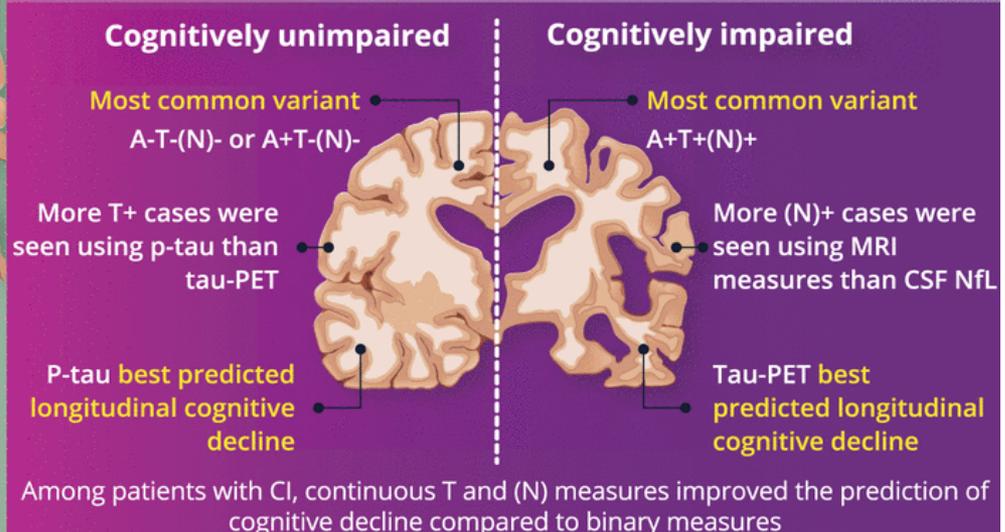
Implication of Method of Biomarker Detection in Alzheimer Disease



Study question
Can AT(N) variants be interchanged in clinical identification of AD?

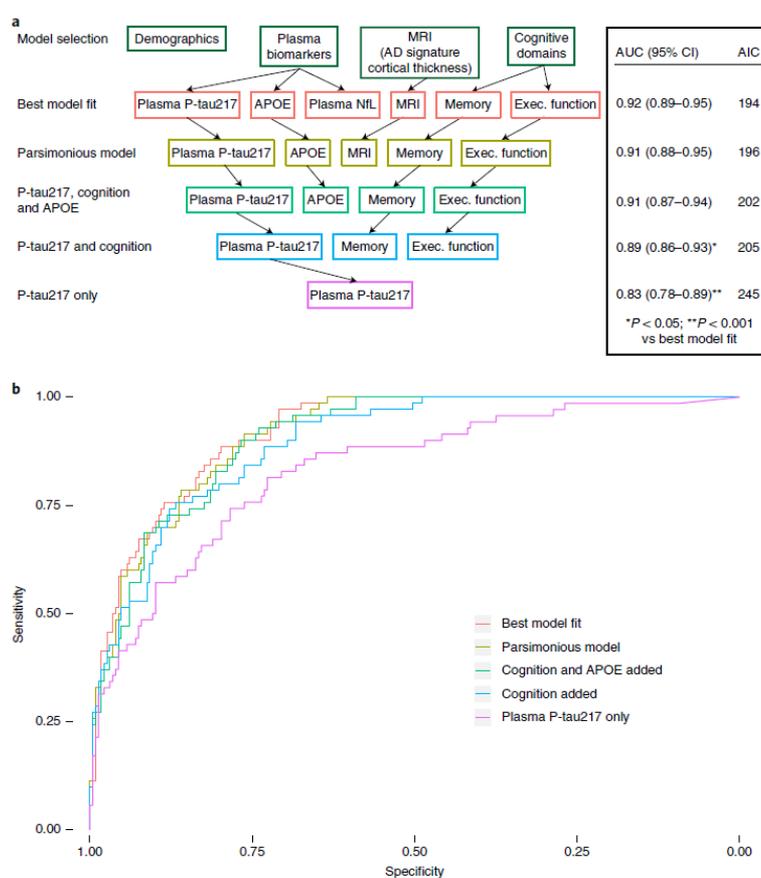
490 participants

AD classification	AT(N) definition
Cognitively unimpaired	A CSF $A\beta_{42}$ and amyloid-PET
Cognitively impaired	T CSF p-tau and tau-PET
	(N) Hippocampal volume, temporal cortical thickness (MRI), and CSF neurofilament light (NfL)



Different methods of AT(N) definition are not interchangeable, and optimal variants differ by AD clinical stage

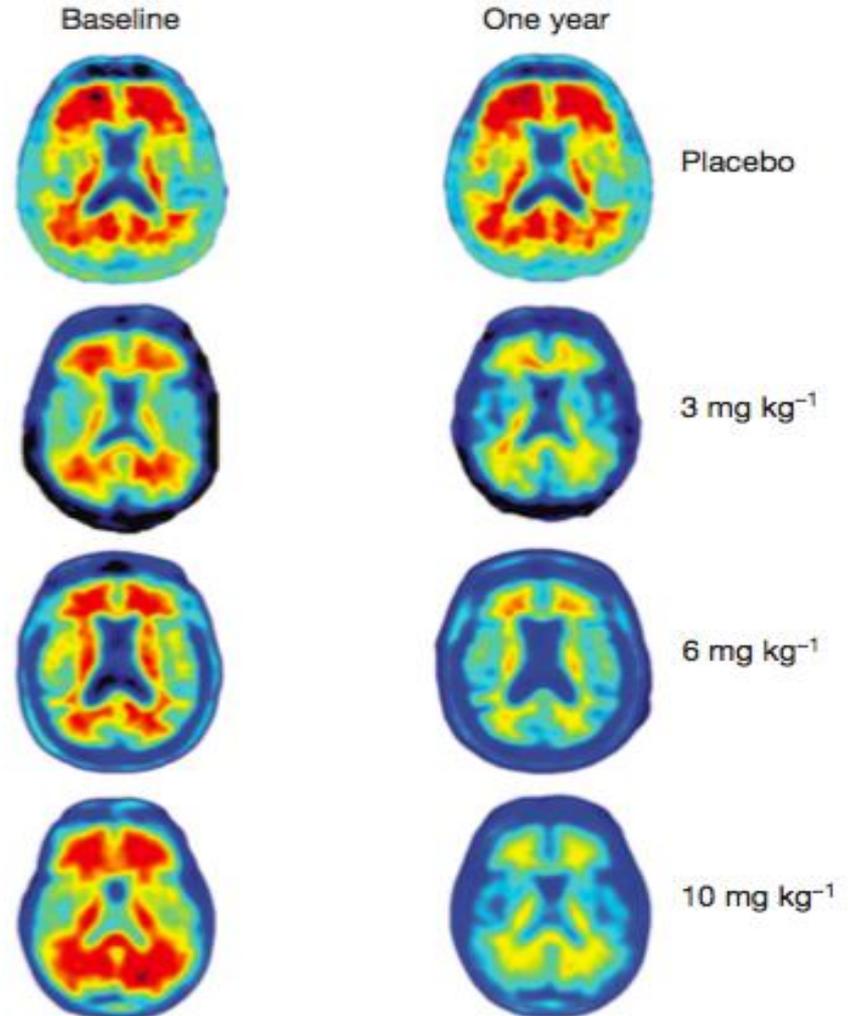
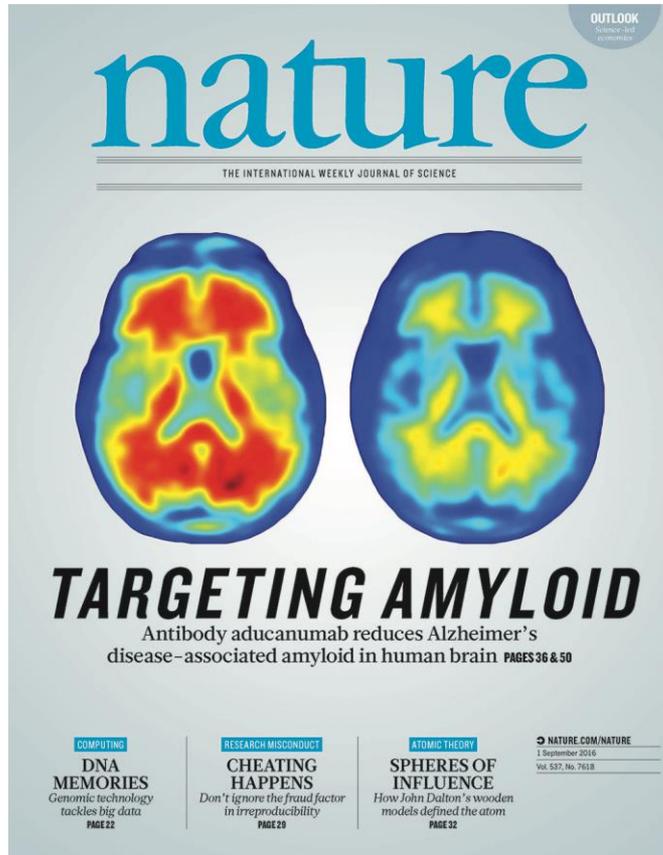
Prediction of future Alzheimer's disease dementia using plasma phospho-tau combined with other accessible measures



plasma P-tau, in combination with brief cognitive tests and APOE genotyping, might greatly improve the diagnostic prediction of AD

The antibody aducanumab reduces A β plaques in Alzheimer's disease

Jeff Sevigny^{1*}, Ping Chiao^{1*}, Thierry Bussière^{1*}, Paul H. Weinreb^{1*}, Leslie Williams¹, Marcel Maier², Robert Dunstan¹, Stephen Salloway³, Tianle Chen¹, Yan Ling¹, John O'Gorman¹, Fang Qian¹, Mahin Arastu¹, Mingwei Li¹, Sowmya Chollate¹, Melanie S. Brennan¹, Omar Quintero-Monzon¹, Robert H. Scannevin¹, H. Moore Arnold¹, Thomas Engber¹, Kenneth Rhodes¹, James Ferrero¹, Yaming Hang¹, Alvydas Mikulskis¹, Jan Grimm², Christoph Hock^{2,4}, Roger M. Nitsch^{2,4}§ & Alfred Sandrock¹§



Aducanumab Phase 3 studies (EMERGE and ENGAGE)

Study design: 18-month, randomised, double-blind, placebo-controlled, parallel-group studies designed to assess the efficacy, safety, pharmacokinetics, and pharmacodynamics of aducanumab

Study population: Early Alzheimer's disease (at MCI and mild Alzheimer's disease stages)

Primary endpoint: Change from baseline in CDR-SB score at 18 months

Secondary endpoints: MMSE, ADAS-Cog 13, ADCS-ADL-MCI

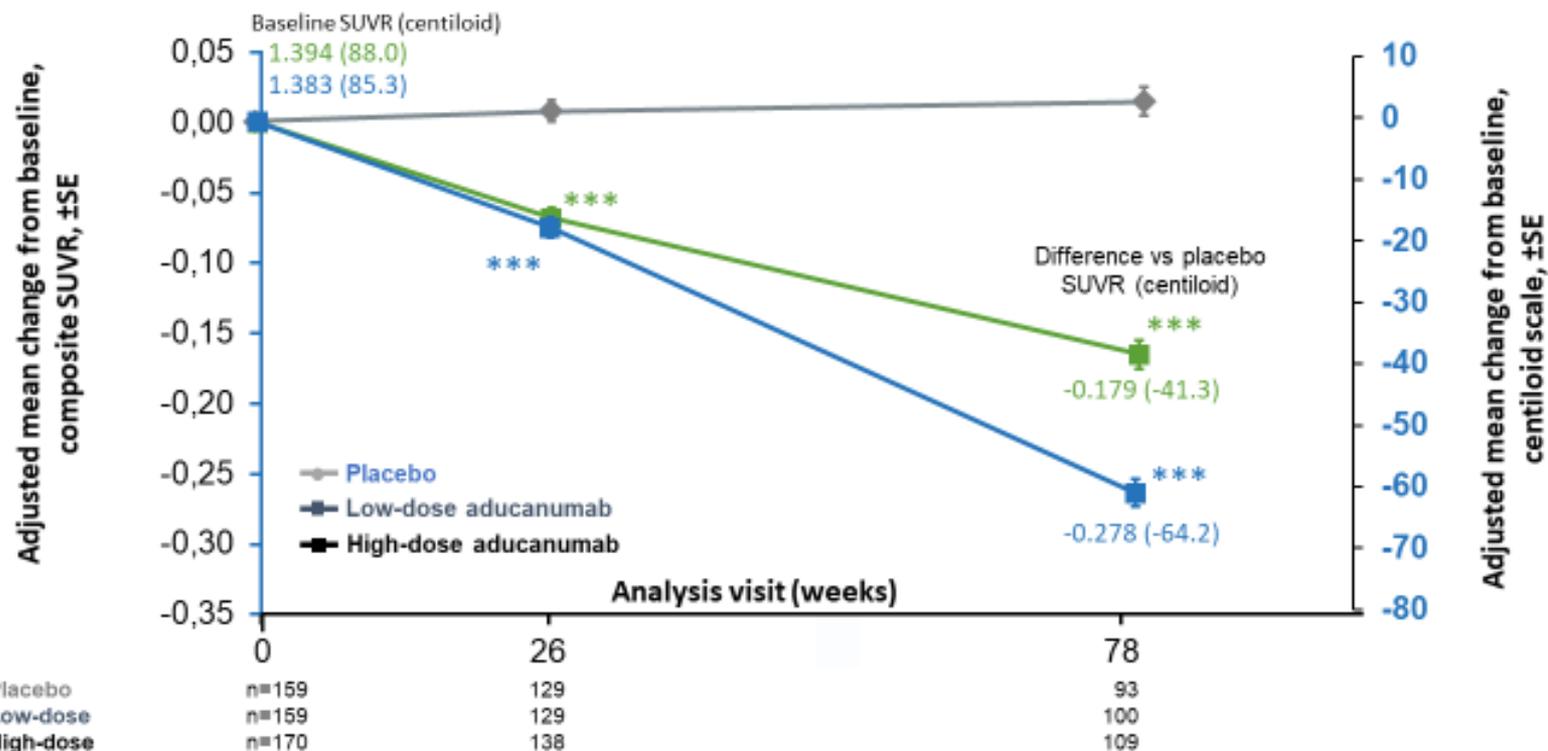
Biomarker endpoints: amyloid PET, tau PET, CSF disease-related biomarkers, plasma disease-related biomarkers



Global studies: 3285 patients at 348 sites in 20 countries

EMERGE: biomarker results

A β PET SUVR at Week 78 (¹⁸F-florbetapir A β PET analysis population)



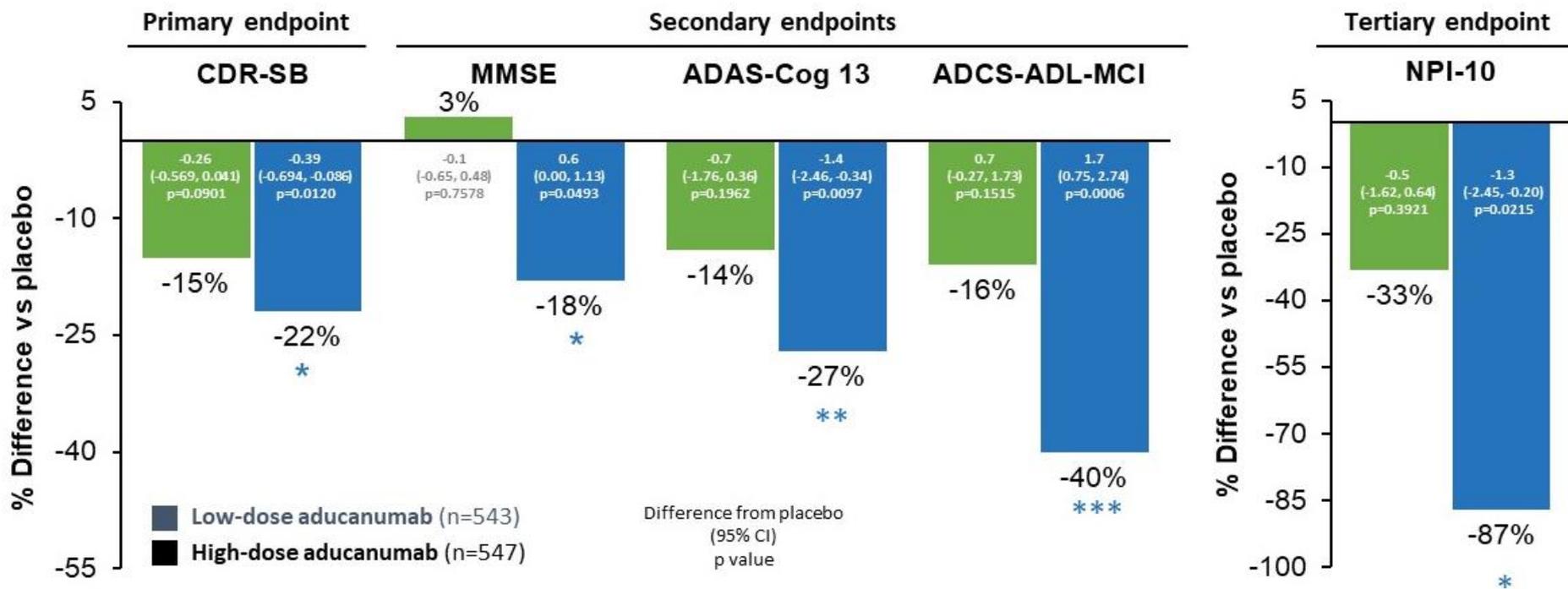
***p<0.0001 compared with placebo (nominal). Values at each time point were based on an MMRM model, with change from baseline in MMSE as the dependent variable and with fixed effects of treatment group, categorical visit, treatment-by-visit interaction, baseline SUVR, baseline SUVR by visit interaction, baseline MMSE, Alzheimer's disease symptomatic medication use at baseline, region, and laboratory ApoE $\epsilon 4$ status.

adu, aducanumab; ApoE, apolipoprotein E; MMRM, mixed model for repeated measure; MMSE, Mini-Mental State Examination; PET, positron emission tomography; SE, standard error; SUVR, standardized uptake value ratio.

EMERGE Investigators. *N Engl J Med*. 2023;388(12):1120-1131. doi:10.1056/NEJMoa2212875

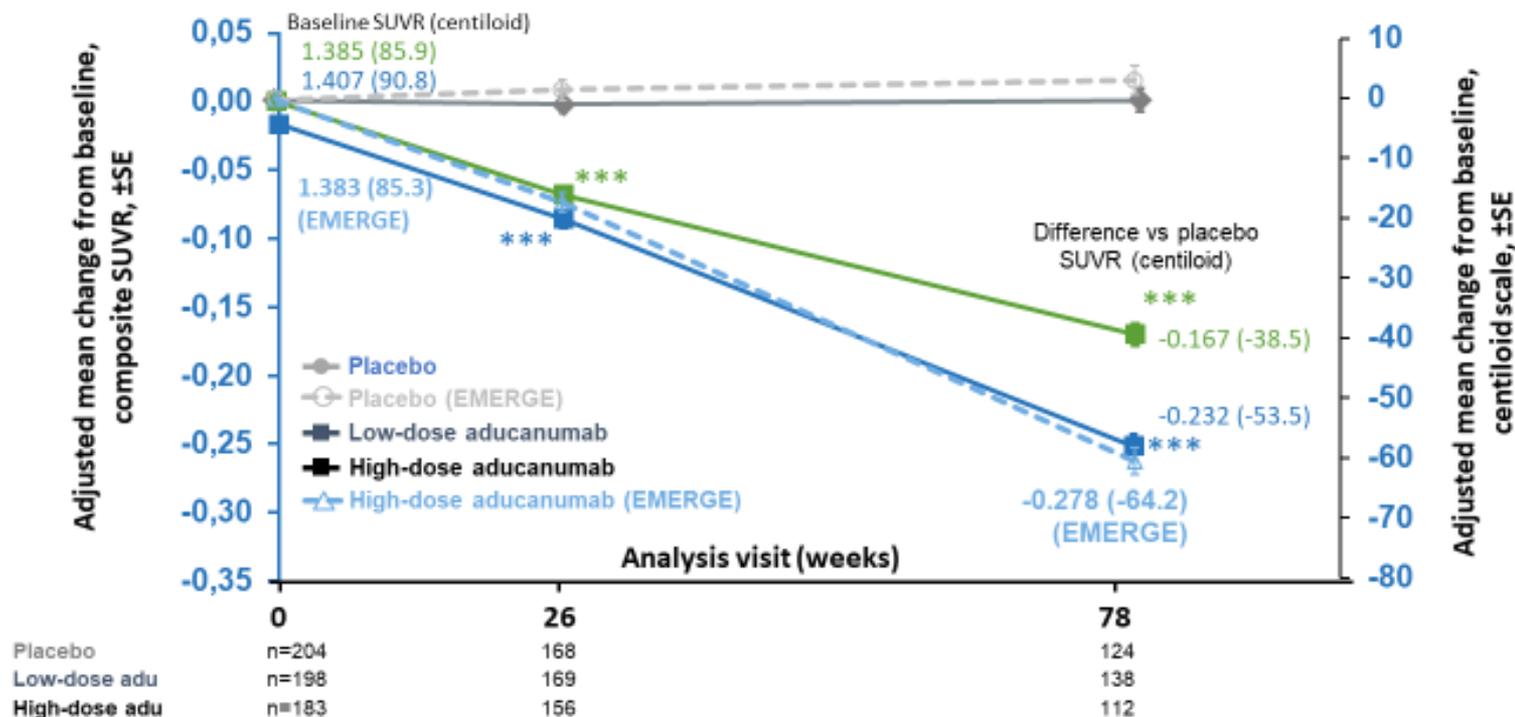
EMERGE: efficacy results

Clinical endpoints at Week 78



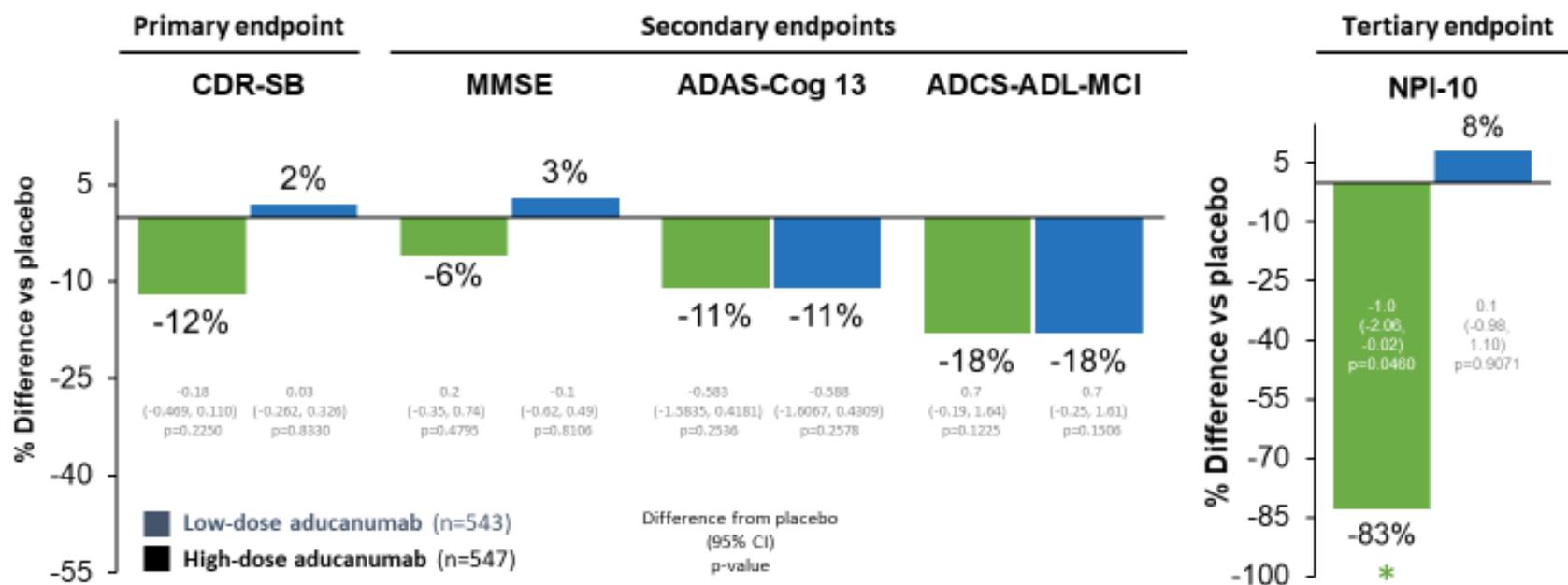
ENGAGE: biomarker results

Aβ PET SUVR at Week 78 (18F-florbetapir Aβ PET analysis population)



ENGAGE: efficacy results

Clinical endpoints at Week 78 (ITT population)



*P<0.05 with placebo (nominal for NPI-10)

Values at each time were based on an MMRM model, with change from baseline as the dependent variable and with fixed effects of treatment group, categorical visit, treatment-by-visit interaction, baseline endpoint value, baseline endpoint value by visit

interaction, baseline MMSE, Alzheimer's disease symptomatic medication use at baseline, region, and laboratory ApoE ε4 status

ADAS-Cog 13, Alzheimer's Disease Assessment Scale-Cognitive Subscale (13-Item); ADCS-ADL-MCI, Alzheimer's Disease Cooperative Study-Activities of Daily Living Inventory (mild cognitive impairment version); CDR-SB, Clinical Dementia Rating; CI, confidence interval; MMSE, Mini-Mental State Examination; NPI-10, Neuropsychiatric Inventory (10-Item)

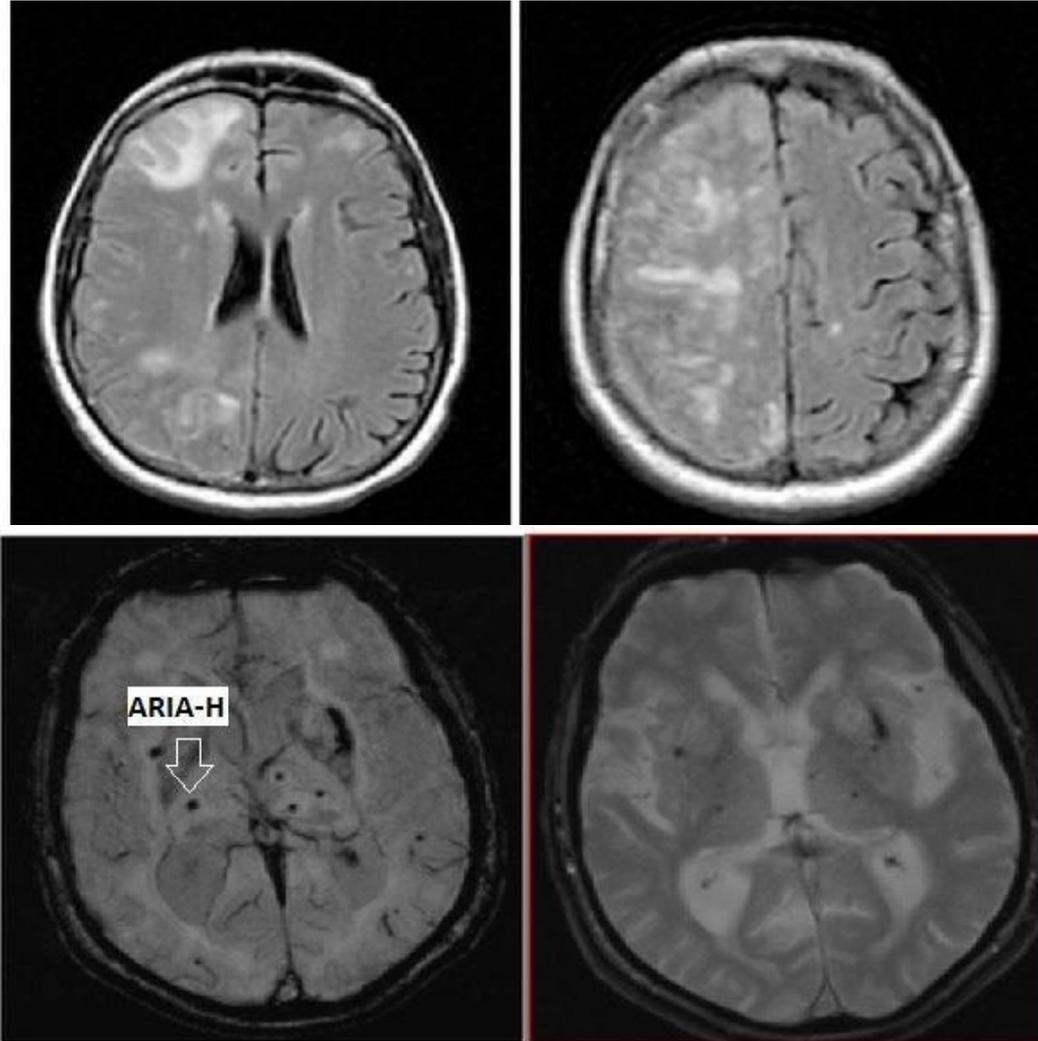
Biogen. Data on file. Clinical study report June 2020. Study number: 221A0301

EMERGE and ENGAGE: Safety summary

	EMERGE			ENGAGE		
	Placebo (n=547)	Low dose (n=544)	High dose (n=547)	Placebo (n=541)	Low dose (n=548)	High dose (n=558)
Patients with an AE, n (%)	476 (87.0)	477 (87.7)	505 (92.3)	465 (86.0)	491 (89.6)	500 (89.6)
Patients with an SAE, n (%)	77 (14.1)	69 (12.7)	66 (12.1)	69 (12.8)	71 (13.0)	71 (12.7)
Patients permanently discontinuing treatment due to AE, n (%)	16 (2.9)	42 (7.7)	48 (8.8)	28 (5.2)	45 (8.2)	64 (11.5)
Patients permanently discontinuing treatment due to ARIA, n (%)	1 (0.2)	25 (4.6)	36 (6.6)	6 (1.1)	27 (4.9)	41 (7.3)
Number of all-cause deaths, n (%)	5 (0.9)	0	6 (1.1)	0	3 (0.5)	2 (0.4)

**AMYLOID
RELATED
IMAGING
ABNORMALITIES**

ARIA-E (edema)
ARIA-H (hemosiderosis)



Effect of aducanumab treatment on plasma p-tau¹⁸¹

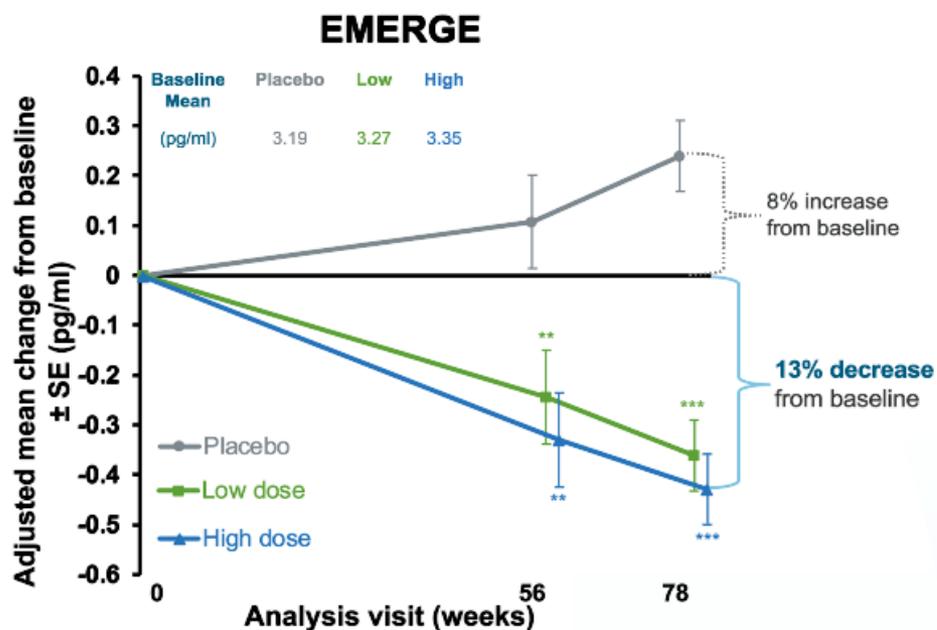
Objective

To investigate the effect of aducanumab treatment on plasma p-tau¹⁸¹ levels using data from the Phase 3 aducanumab trials—EMERGE and ENGAGE

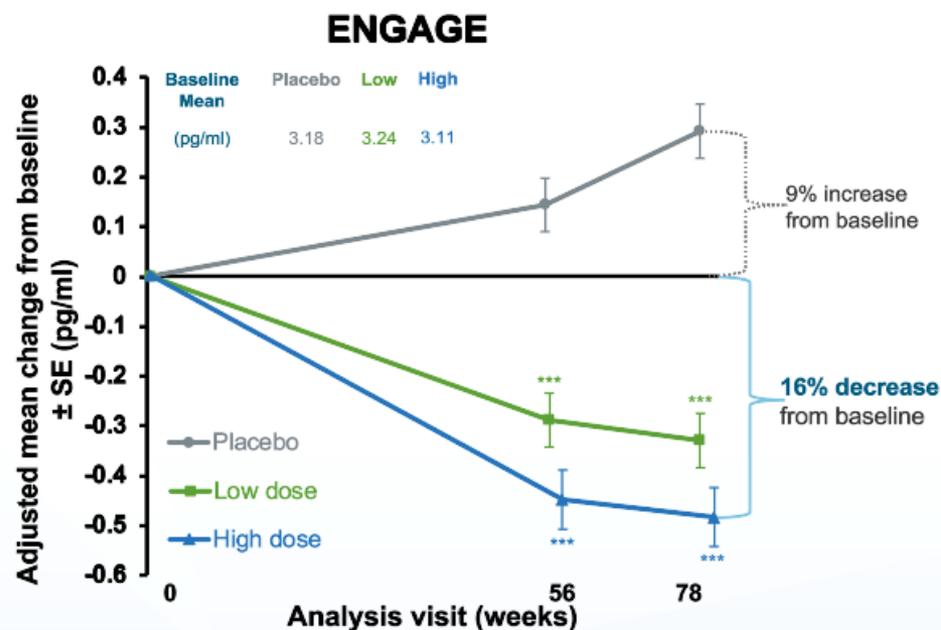
- Participants with plasma samples at baseline and Week 78 were assessed
- A total of 6929 plasma samples from EMERGE and ENGAGE subjects were analyzed using the Quanterix Simoa p-tau¹⁸¹ Advantage V2 kit at Frontage Laboratories' (Exton, PA) CLIA laboratory
- The inter-assay CV was 6.49–8.15% and the intra-assay CV was 8.30–9.21%

	EMERGE	ENGAGE	Total
Plasma p-tau ¹⁸¹ analysis population, n	870	945	1815

Aducanumab significantly lowers plasma p-tau¹⁸¹



Placebo	287	177	273
Low dose	293	172	269
High dose	290	168	271

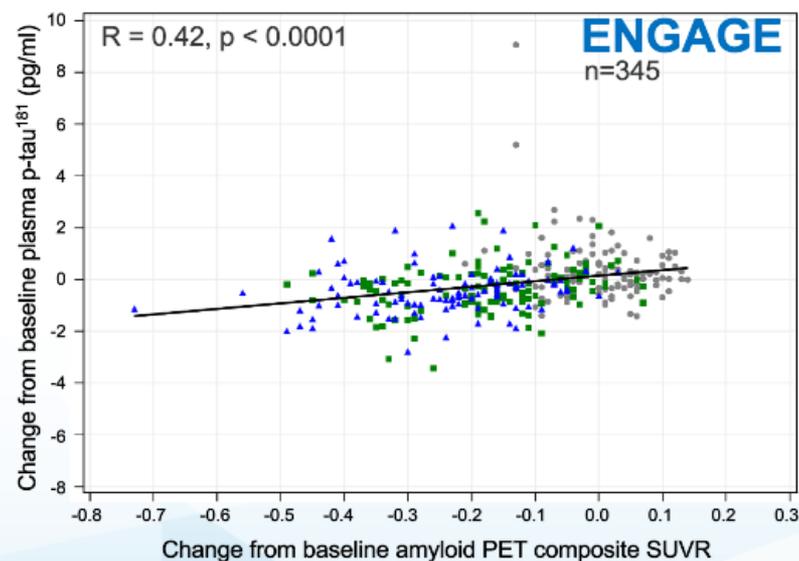
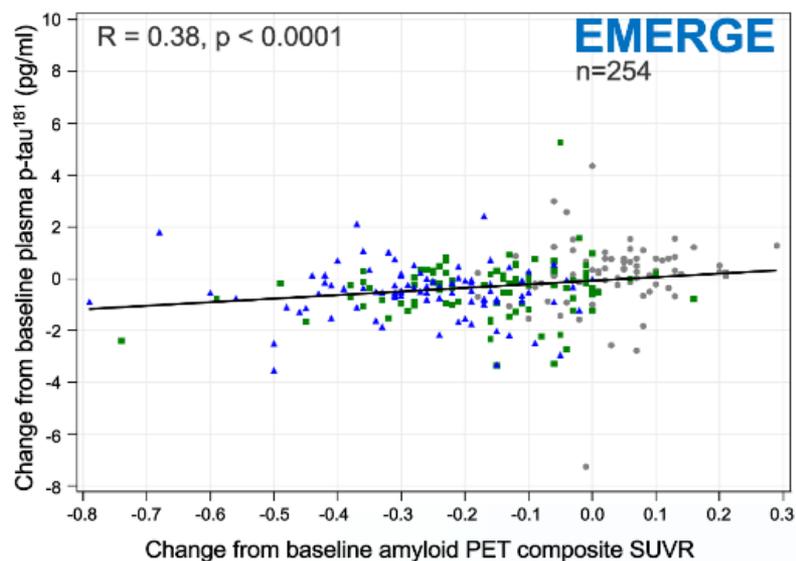


Placebo	333	301	325
Low dose	331	299	322
High dose	281	242	274

*p<0.05, **p<0.01, ***p<0.001 compared with placebo (nominal). MMRM with change from baseline as the dependent variable and with fixed effects of treatment group, categorical visit, treatment-by-visit interaction, baseline value, baseline value by visit interaction, baseline age, and ApoE status. ApoE, apolipoprotein E; MMRM, mixed model for repeated measures; pg/ml, picograms per milliliter; p-tau, phosphorylated tau; SE, standard error.

Change in plasma p-tau¹⁸¹ is correlated with change in amyloid PET SUVR at Week 78

Scatterplots of change from baseline plasma p-tau¹⁸¹ vs change from baseline florbetapir amyloid PET composite SUVR (reference region = cerebellum) at Week 78



Treatment
● Placebo
■ Aducanumab low dose
▲ Aducanumab high dose

R: Spearman correlation adjusted for baseline p-tau, baseline amyloid PET, and age. Correlations calculated based on all arms. PET, positron emission tomography; pg/ml, picograms per milliliter; p-tau, phosphorylated tau; SUVR, standardized uptake value ratio.

Summary

- Evidence from a large dataset (~7,000 plasma samples from 1815 patients with early Alzheimer's disease) demonstrated that aducanumab produces a significant dose- and time-dependent reduction in plasma p-tau¹⁸¹ consistently in both EMERGE and ENGAGE
- The treatment effect of aducanumab on plasma p-tau¹⁸¹ was associated with lowering of amyloid PET SUVR AND reduced cognitive and functional decline
 - This is consistent with the hypothetical relationship among the underlying pathologies of Alzheimer's disease
- These findings demonstrated that modification of biomarkers fundamental to the underlying disease pathology was associated with statistically significant slowing of clinical decline as measured by CDR-SB, MMSE, ADAS-Cog13, and ADCS-ADL-MCI



**Disease-modifying
drugs for AD:
new
opportunities,
new challenges**

221AD301 Phase 3 Study of Aducanumab (BIIB037) in Early Alzheimer's Disease (ENGAGE)

Key Inclusion Criteria:

- Must meet all of the following clinical criteria for MCI due to AD or mild AD and must have:
- A Clinical Dementia Rating (CDR)-Global Score of 0.5.
- Objective evidence of cognitive impairment at screening
- An MMSE score between 24 and 30 (inclusive)
- Must have a positive amyloid Positron Emission Tomography (PET) scan
- Must consent to apolipoprotein E (ApoE) genotyping
- If using drugs to treat symptoms related to AD, doses must be stable for at least 8 weeks prior to screening visit 1
- Must have a reliable informant or caregiver

- **Ages Eligible for Study: 50 Years to 85 Years**

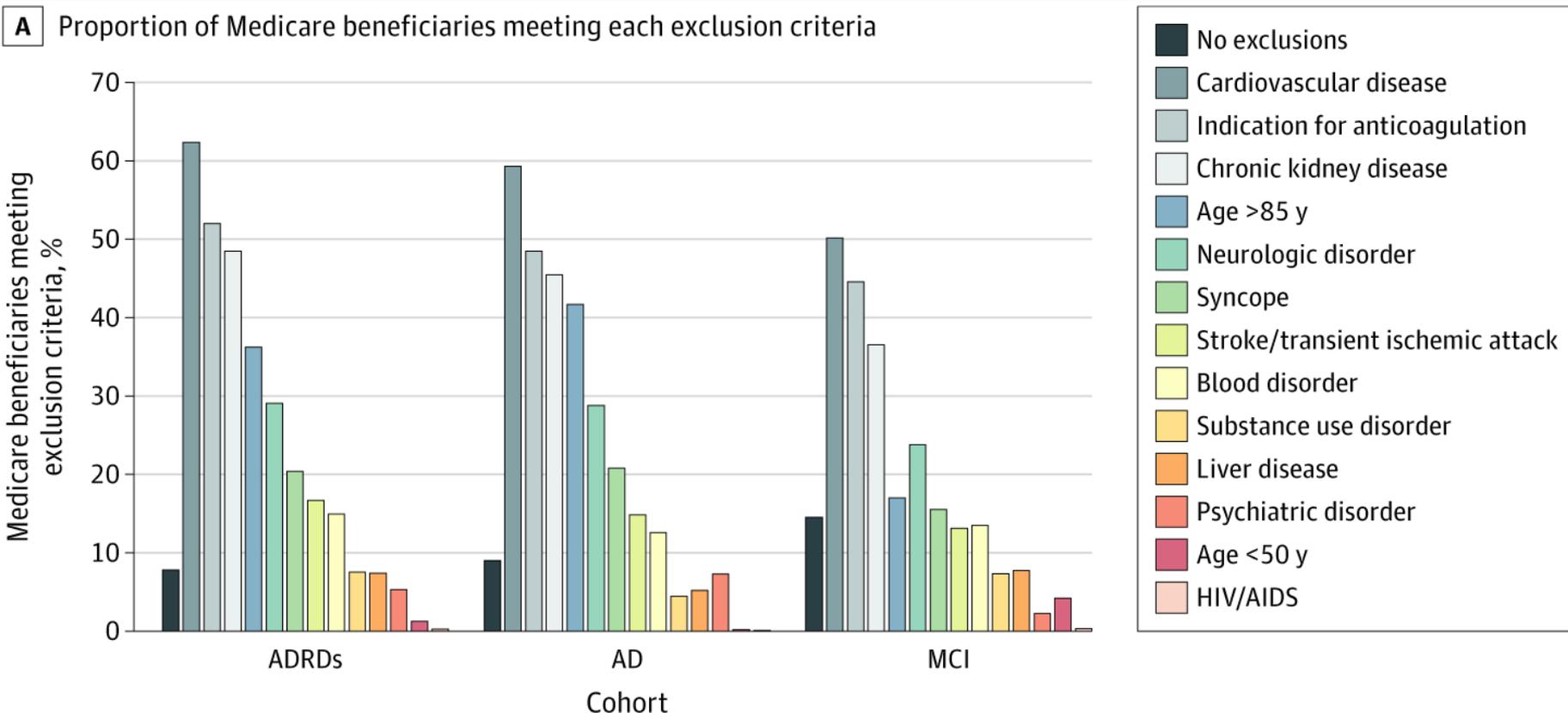
221AD301 Phase 3 Study of Aducanumab (BIIB037) in Early Alzheimer's Disease (ENGAGE)

Key Exclusion Criteria:

- Any medical or neurological condition (other than Alzheimer's Disease) that might be a contributing cause of the subject's cognitive impairment
- Have had a **stroke or Transient Ischemic Attack (TIA) or unexplained loss of consciousness in the past 1 year**
- Clinically significant **unstable psychiatric illness** in past 6 months
- **History of unstable angina, myocardial infarction, advanced chronic heart failure, or clinically significant conduction abnormalities** within 1 year prior to Screening
- Indication of **impaired renal or liver function**
- Have human immunodeficiency virus (**HIV**) infection
- Have a significant systematic illness or infection in past 30 days
- **Relevant brain hemorrhage, bleeding disorder and cerebrovascular abnormalities**
- Any contraindications to brain magnetic resonance imaging (MRI) or PET scans
- **Alcohol or substance abuse** in past 1 year
- **Taking blood thinners (except for aspirin at a prophylactic dose or less)**

From: **Representativeness of Participants Eligible to Be Enrolled in Clinical Trials of Aducanumab for Alzheimer Disease Compared With Medicare Beneficiaries With Alzheimer Disease and Mild Cognitive Impairment**

JAMA. 2021;326(16):1627-1629. doi:10.1001/jama.2021.15286

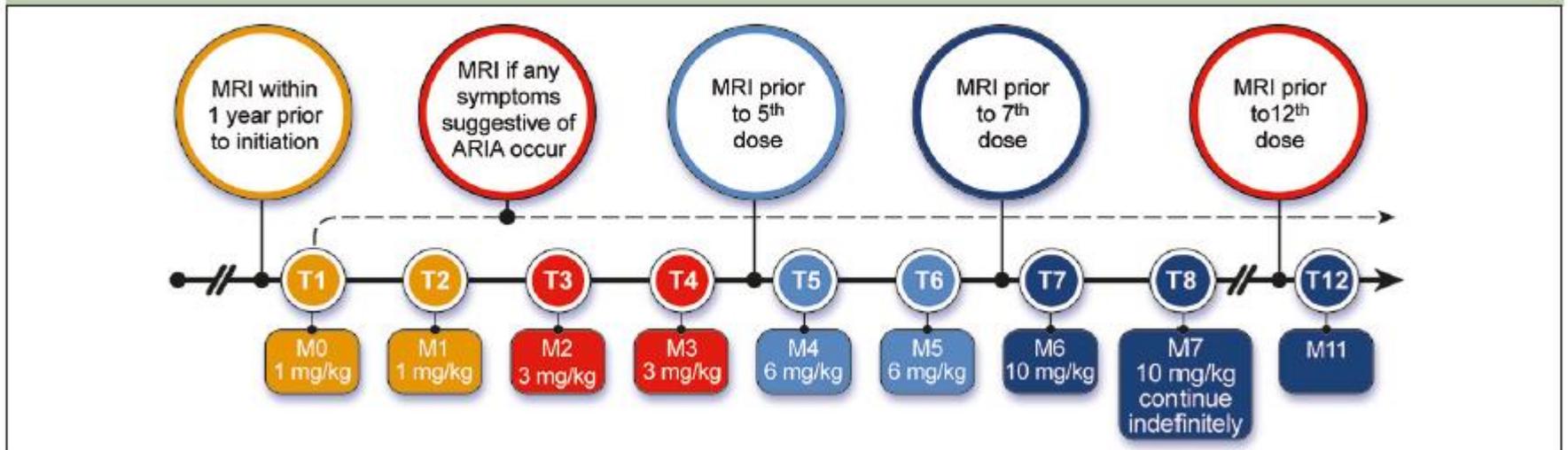


Prevalence of Aducanumab Trial Exclusion Criteria Among Medicare Beneficiaries With Alzheimer Disease and Mild Cognitive Impairment ADRDs indicates Alzheimer disease and related disorders; AD, Alzheimer disease; and MCI, mild cognitive impairment.

Aducanumab: Appropriate Use Recommendations

J. Cummings¹, P. Aisen², L.G. Apostolova³, A. Atri⁴, S. Salloway⁵, M. Weiner⁶

Figure 1. Aducanumab dosing and MRI monitoring schedule (Prescribing Information (1) and Expert Panel recommendation; © J Cummings; illustrator M de la Flor, PhD)



Towards a personalised Alzheimer's disease risk profile

Factors that can increase the risk of progression to Alzheimer's disease

- Increased age
- Frailty
- Female sex
- Low education level
- Heterozygous APOE ϵ 4 status
- Polygenic risk factors beyond APOE
- Family history of Alzheimer's disease
- Memory complaint or subjective cognitive decline
- Magnitude of brain lesions
- Presence of markers of neurodegeneration
- Copathology

Factors that could decrease the risk of progression to Alzheimer's disease

- Protective genes, such as the presence of the APOE ϵ 2 allele, the APOE ϵ 3 Christchurch mutation, or the A673T APP Icelandic mutation
- Higher cognitive reserve

Factors that need further confirmation

- Pattern of neuroinflammation
- Functional brain marker of cognitive reserve (eg, connectivity on functional MRI)
- Lifestyle factors (eg, physical activity, sleep, social activity)
- Psychiatric diseases (eg, depression)

