



68° CONGRESSO NAZIONALE **SIGG**

Ritorno al futuro

FIRENZE, 13-16 DICEMBRE 2023
PALAZZO DEI CONGRESSI



TRANSLATIONAL LECTURE

AGING KIDNEY E ANEMIA: ERITROPOIETINE E OLTRE

68° CONGRESSO NAZIONALE SIGG
FIRENZE, 13-16 DICEMBRE 2023
PALAZZO DEI CONGRESSI

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OSPEDALE SAN GIOVANNI DI DIO,
USLCENTRO - FIRENZE



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Disclosures

Nothing to disclose

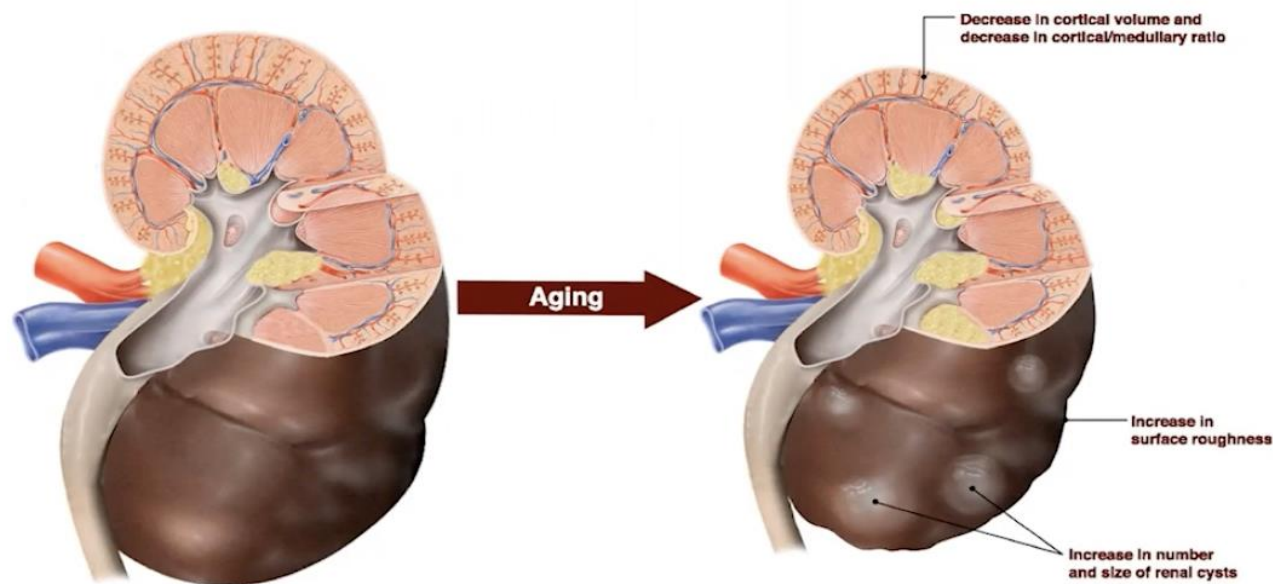


Learning objectives

- Describe recent progress in delineating the signal pathway regulating «**Accelerated Cellular Senescence**» in CKD
- Anemia in CKD : What's new in the present ?
- **Erythropoietin** vs **Hypoxia-inducible factor 1-alpha inhibitors** (HIF-PHIs): pros & cons



Aging kidneys and CKD



Cellular senescence

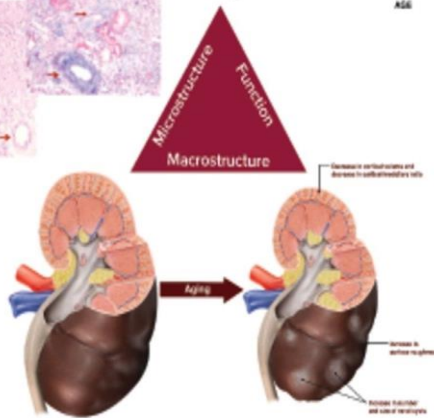
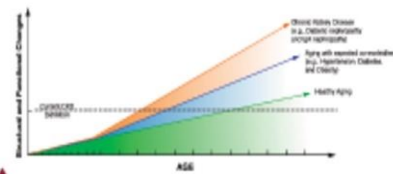
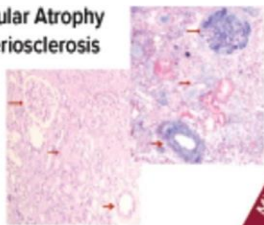
Definition: It is a form of irreversible arrest of cell growth after exposure to some insults, which was described by Leonard Hayflick in early 1960



Structural and Functional Changes in Human Kidneys with Healthy Aging

Nephrosclerosis

- Global Glomerulosclerosis
- Interstitial Fibrosis
- Tubular Atrophy
- Arteriosclerosis



JASN

JOURNAL OF THE AMERICAN SOCIETY OF NEPHROLOGY

Structural and Functional Changes With the Aging Kidney



Aleksandar Denic, Richard J. Glassock, and Andrew D. Rule

Senescence or normal physiologic aging portrays the expected age-related changes in the kidney as compared to a disease that occurs in some but not all individuals. The microanatomical structural changes of the kidney with older age include a decreased number of functional glomeruli from an increased prevalence of nephrosclerosis (arteriosclerosis, glomerulosclerosis, and tubular atrophy with interstitial fibrosis), and to some extent, compensatory hypertrophy of remaining nephrons. Among the macroanatomical structural changes, older age associates with smaller cortical volume, larger medullary volume until middle age, and larger and more numerous kidney cysts. Among carefully screened healthy kidney donors, glomerular filtration rate (GFR) declines at a rate of 6.3 mL/min/1.73 m² per decade. There is reason to be concerned that the elderly are being misdiagnosed with CKD. Besides this expected kidney function decline, the lowest risk of mortality is at a GFR of ≥75 mL/min/1.73 m² for age <55 years but at a lower GFR of 45 to 104 mL/min/1.73 m² for age ≥65 years. Changes with normal aging are still of clinical significance. The elderly have less kidney functional reserve when they do actually develop CKD, and they are at higher risk for acute kidney injury.

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Key Words: Aging, Nephrosclerosis, Glomerulosclerosis, Kidney function, Glomerular filtration rate

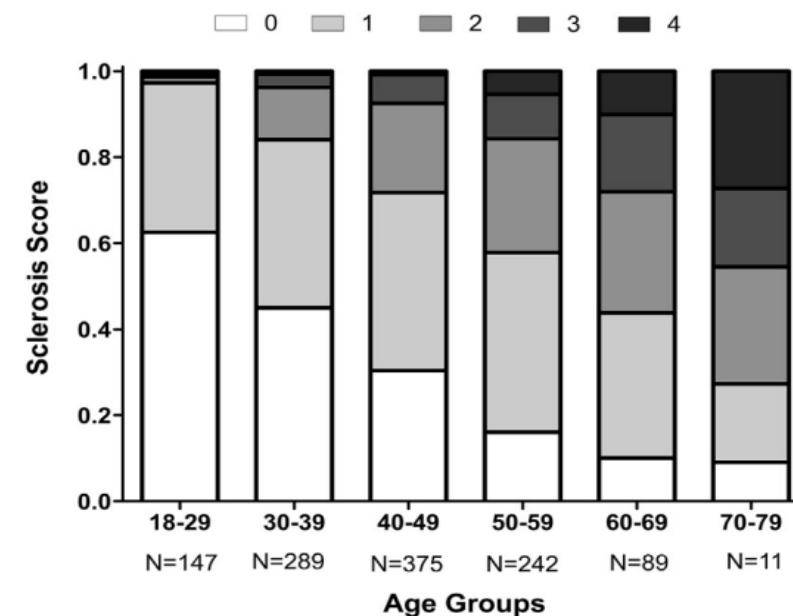
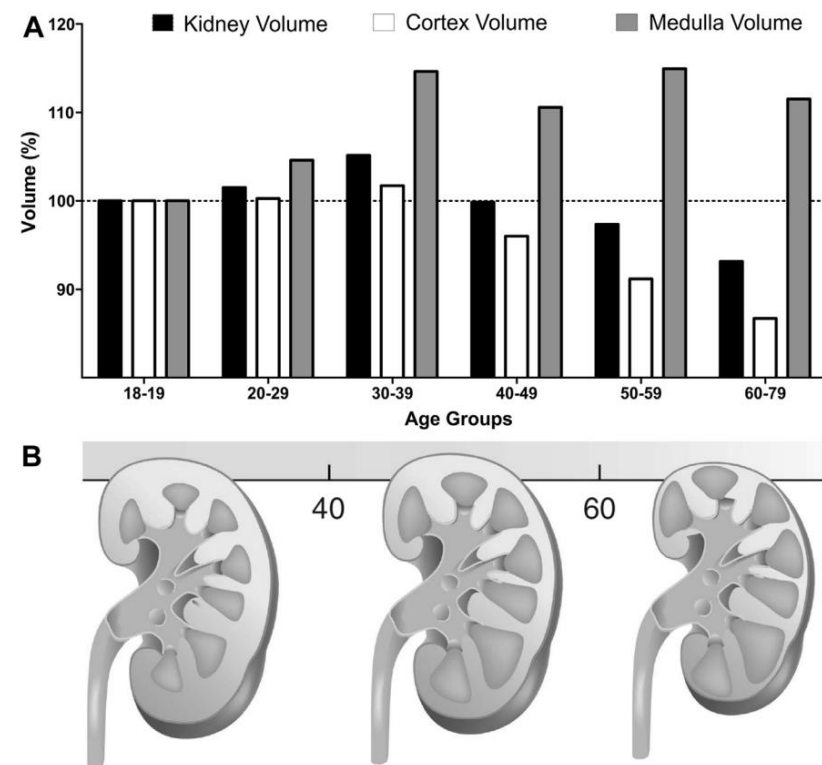


Figure 1. Sclerosis score by age group among 1203 living kidney donors. Sclerosis score is defined as the total number of chronic histological abnormalities between any global glomerulosclerosis, any tubular atrophy, interstitial fibrosis > 5%, and any arteriosclerosis. In the figure, a score of 0 (absence of any abnormality) is white, a score of 4 (presence of all 4 pathological abnormalities) is black, and intermediate scores are on a gray scale.

Figure 2. Effect of age on total kidney, cortical, and medullary volumes. (A) Among 1281 living kidney donors, cortical volume declines, whereas medullary volume increases, making total kidney volume relatively stable until about 50 years of age. After which, medullary volume does not increase anymore, and total kidney volume begins to decline. Results were normalized to the total kidney, cortical, or medullary volumes in 18-19-year age group. (B) Schematic illustration of cortical and medullary volume changes with aging. Modified with permission from Kidney International.⁴⁸

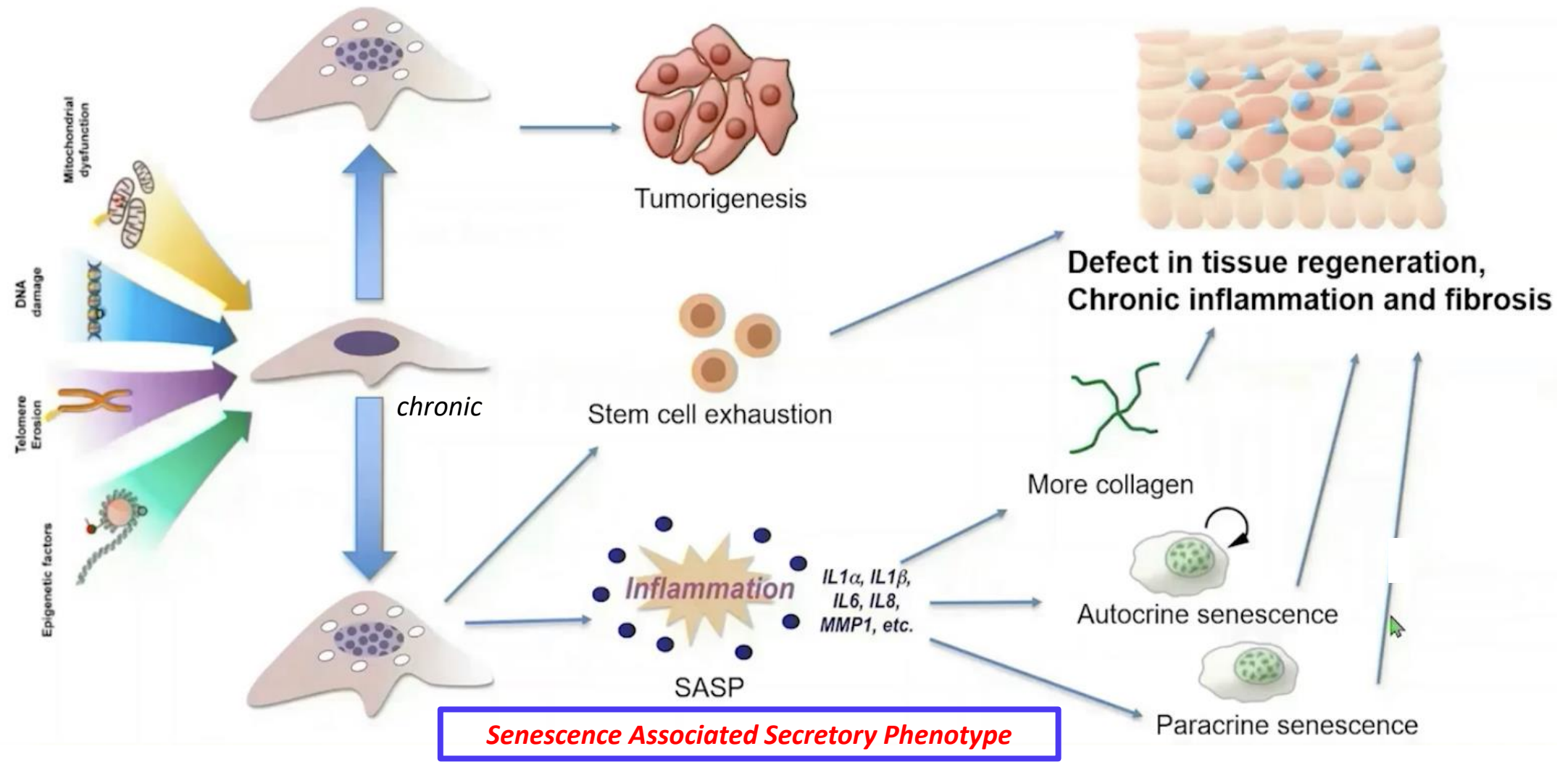


CLINICAL SUMMARY

- There is a rising prevalence of nephrosclerosis with aging, from 2.7% for healthy individuals younger than 29 years up to 73% for healthy individuals aged more than 70 years.
- Total kidney volume remains stable through about age 50 years due to declining cortical volume and a compensatory medullary volume increase, but decreases with aging beyond 50 years.
- Glomerular filtration rate (GFR) declines with normal aging, and mortality data support the use of a lower range of GFR to define normal in the elderly compared to younger adults.
- There are substantial reasons to be concerned that a fixed GFR threshold of $<60 \text{ mL/min/1.73 m}^2$ to define CKD leads to overdiagnosis in the elderly and underdiagnosis in younger adults.



Induction and outcomes of cellular senescence



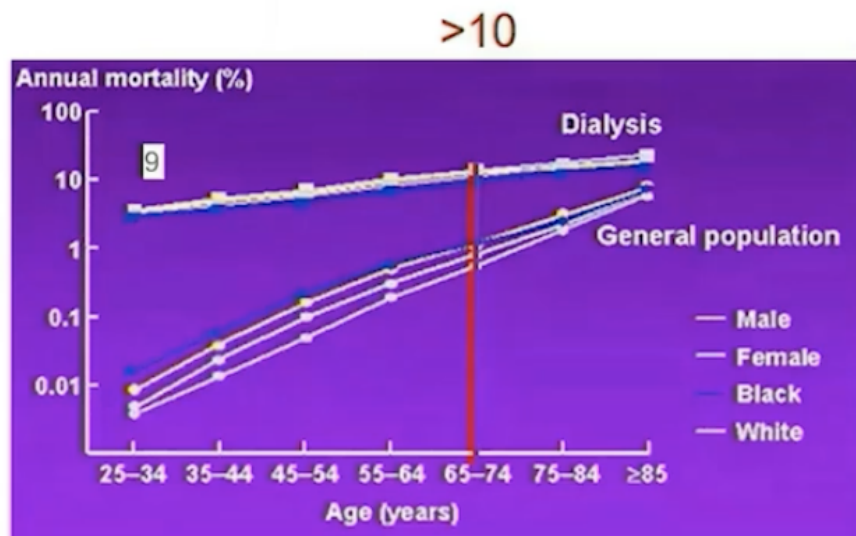


CKD is a state of accelerating aging

CKD is associated with high mortality & shorter life expectancy

ESRD vs general population

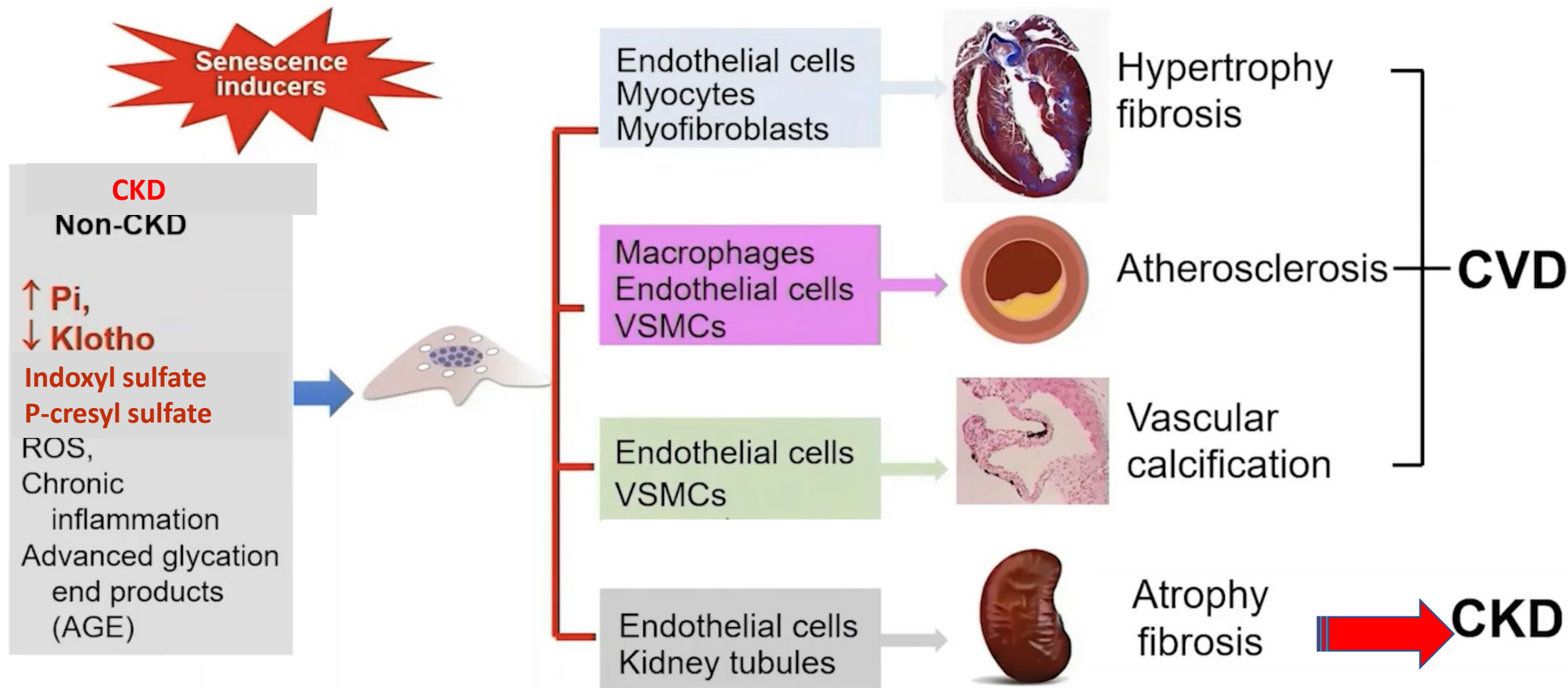
ESRD vs Non-ESRD
(2018)



Age (Years)	Sex	ESRD		Non-ESRD	
		Dialysis	Transplant	All	
66-74	Male	257.0	67.5	25.0	>10
	Female	244.8	56.4	16.3	>15
75+	Male	362.5	138.5	85.6	
	Female	344.0	137.5	77.2	



Cellular senescence contributes to CVD and CKD





CKD/Senescence: a contributor to cardiovascular disease



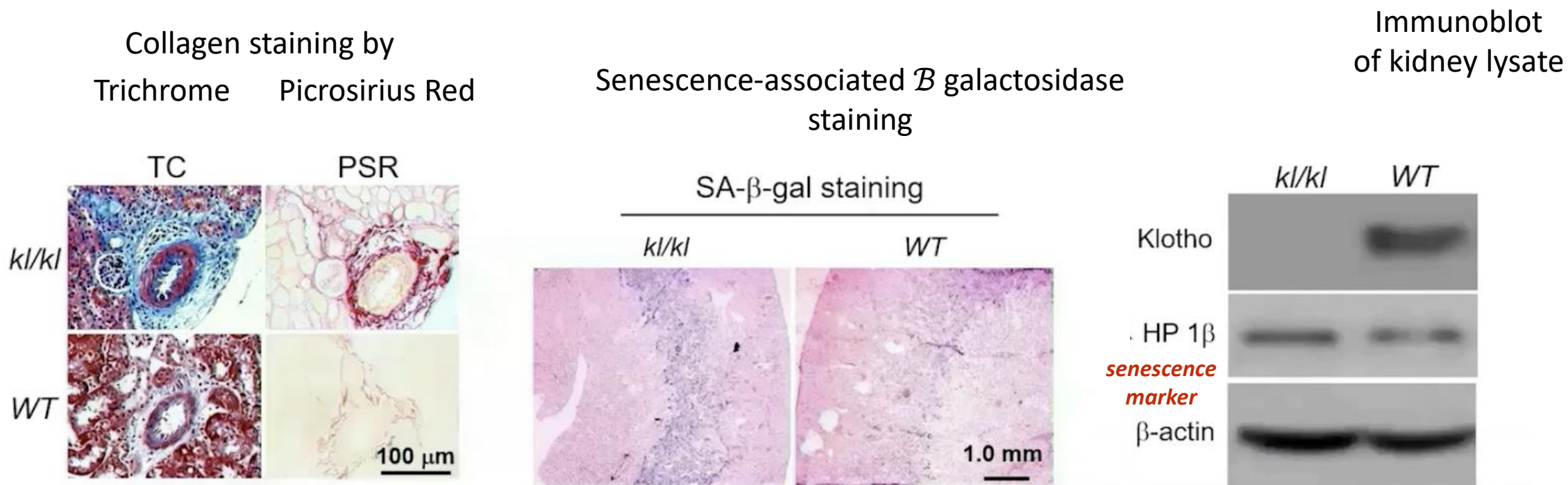
Klotho: an endogenous senescence inhibitor

1. Klotho is an anti-aging membrane type 1 protein (N-terminal faces the outside of the cell)
2. Klotho absence induces accelerating ageing
3. Most types of kidney diseases are associated with Klotho deficiency
4. Klotho deficiency reduces autophagy flux and induces apoptosis
5. The association between Klotho and cellular senescence is relatively less reported



Klotho: an endogenous senescence inhibitor

Low Klotho induces senescence in kidney tubules

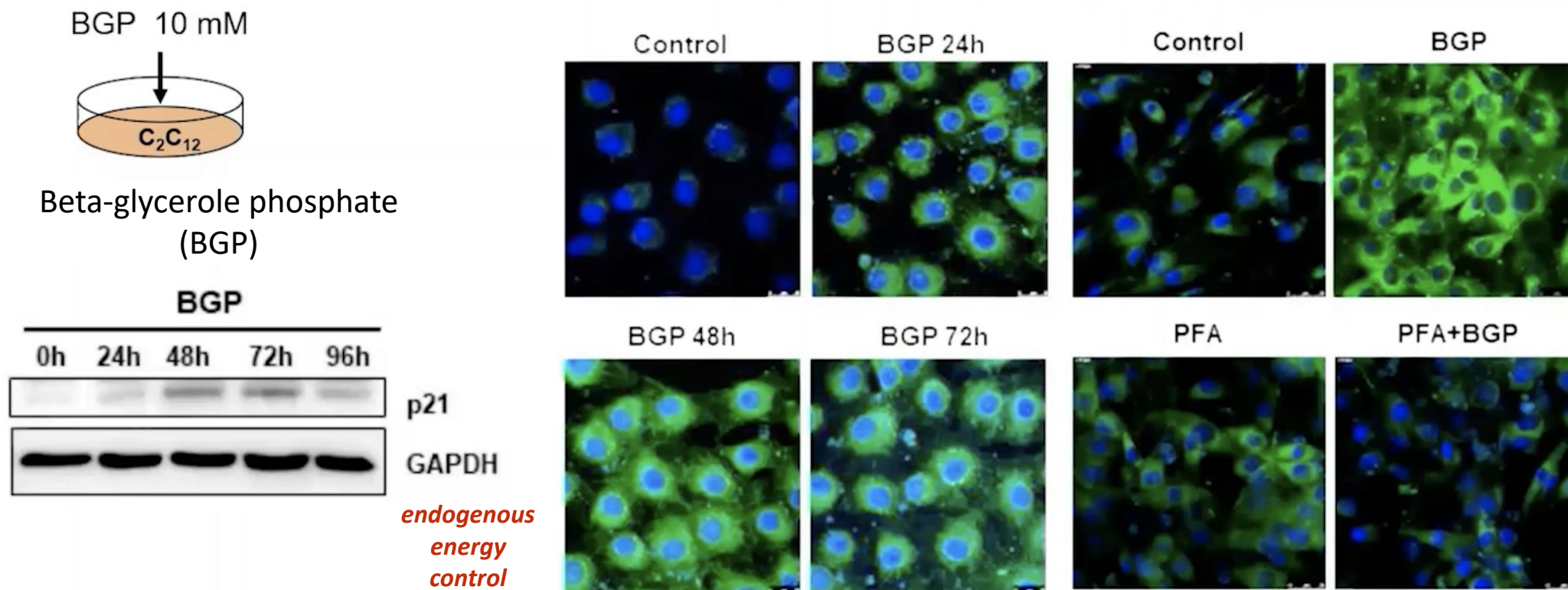




High phosphate induces cellular senescence

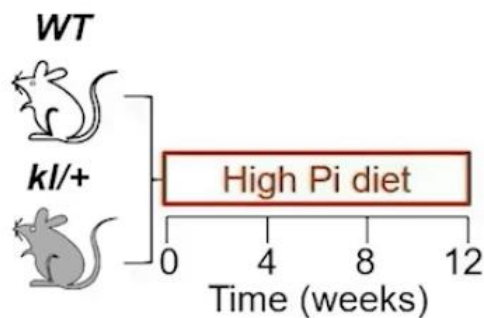
High Pi induces senescence in myoblast

ICC with fluorogenic substrate C12FDG, SA-β-GAL probe

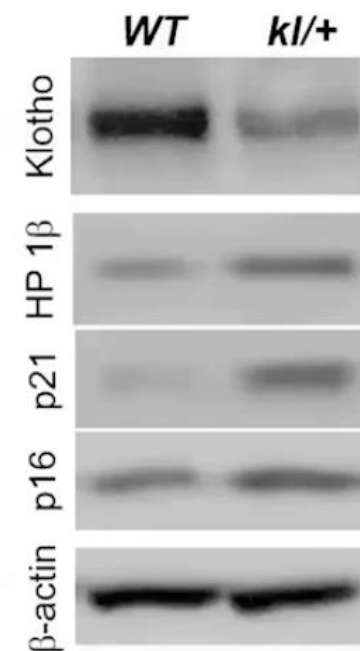
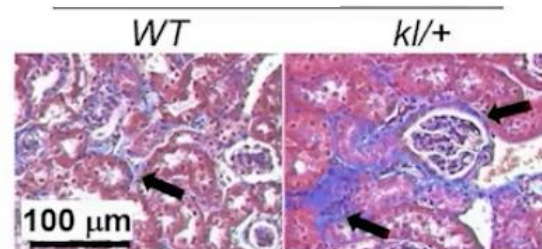




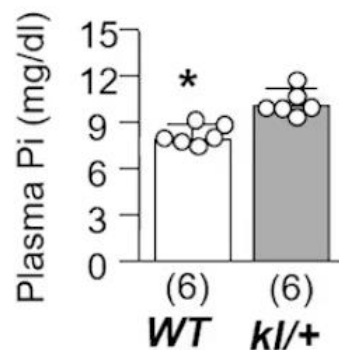
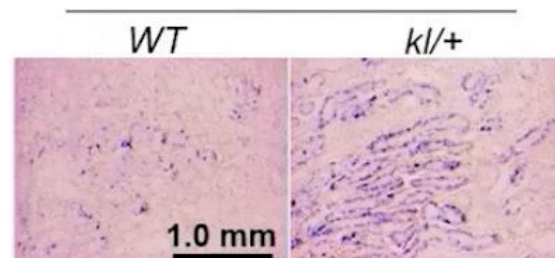
Low Klotho exacerbates high Pi-induced senescence



Collagen staining by
Trichrome Picrosirius Red

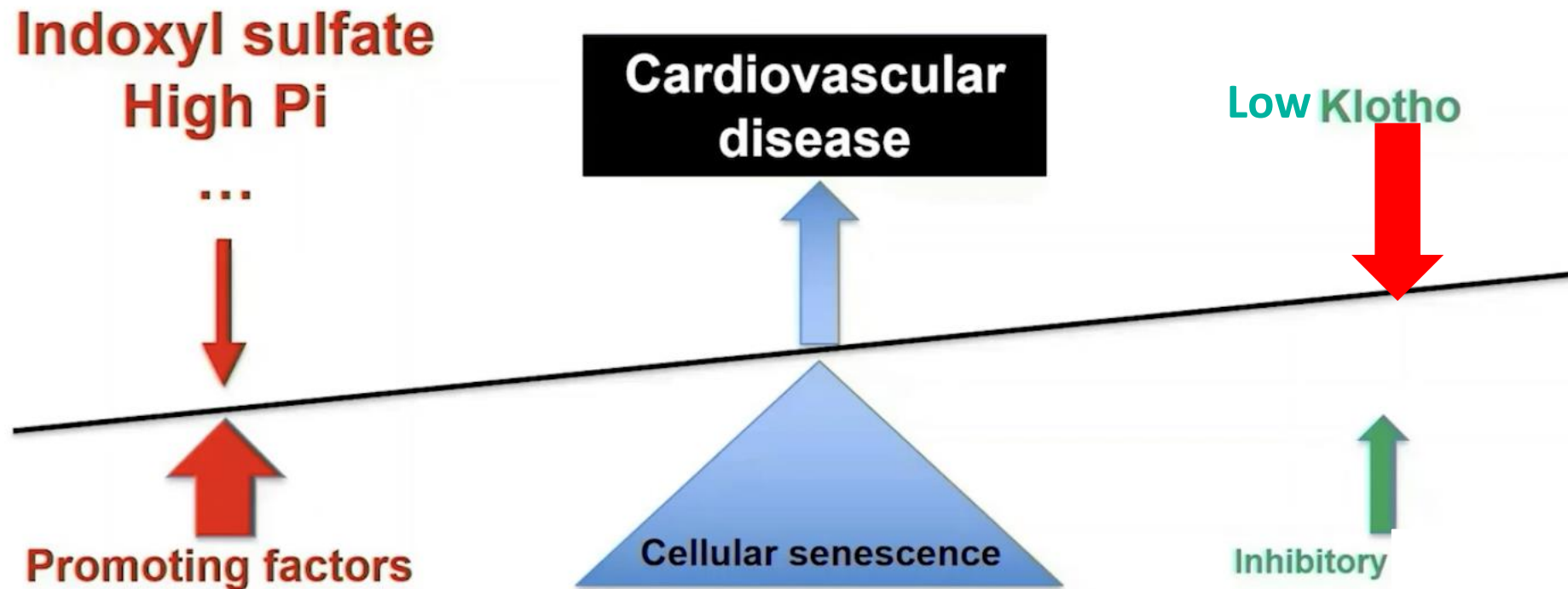


Senescence-associated β galactosidase
staining





CKD/Senescence: a contributor to cardiovascular disease





AKI (even mild) predisposes to CKD



- AKI leads to new CKD
- AKI leads to progression of pre-existing CKD
- AKI predisposes to increased risk of ESRD and excess mortality
- Tubule cell senescence is a common and early event after AKI
- Tubule innate immunity signaling controls senescence amplification and fibrosis after AKI
- Tubule innate immunity signaling controls early-stage tubule proliferation after AKI, possibly through chromatin remodeling
- Senolysis decreases inflammation and fibrosis, but not tubular damage after AKI

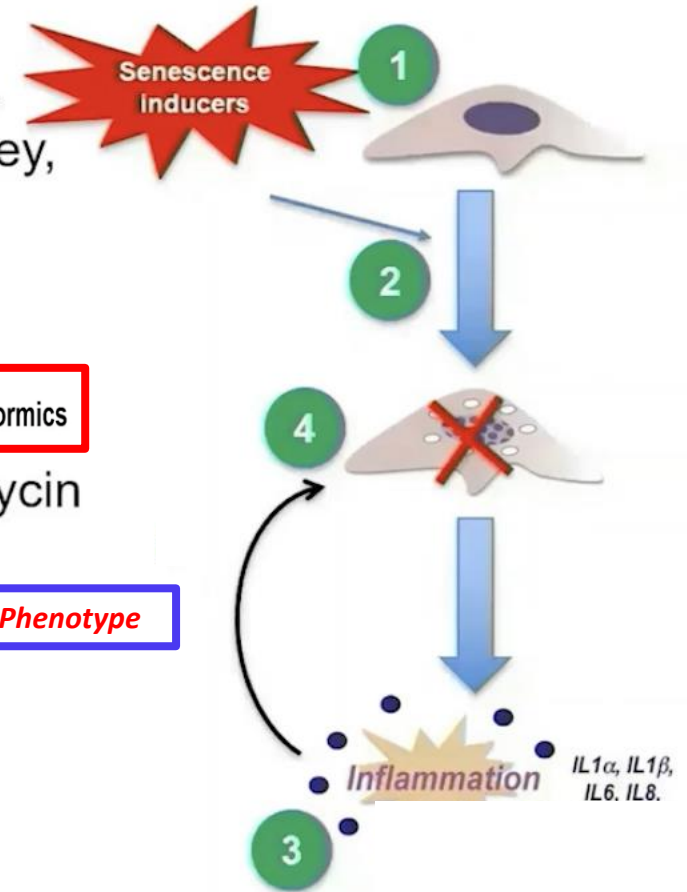
Innate Immunity and Tubular Cell Senescence After Kidney Injury

Massimo Attanasio, MD
University of Iowa Carver College of Medicine



Senotherapy: targeting senescent cells

Goals	Approaches
Prevent senescence 1	Remove risk factors to heart and kidney, Treat original diseases Reduce uremic toxin (Pi, indoxyl...) Increase Klotho
Inhibit senescence activation 2	Senescence suppressor Senostatics or senophormics Fucoidan, Klotho, Metformin, rapamycin
Interrupt senescence propaganda 3	Neutralize/block Senescence Associated Secretory Phenotype Intermediates of SASP
Clean senescent cells 4	Induce apoptosis Use senolytics : Dastinib/Quercetin



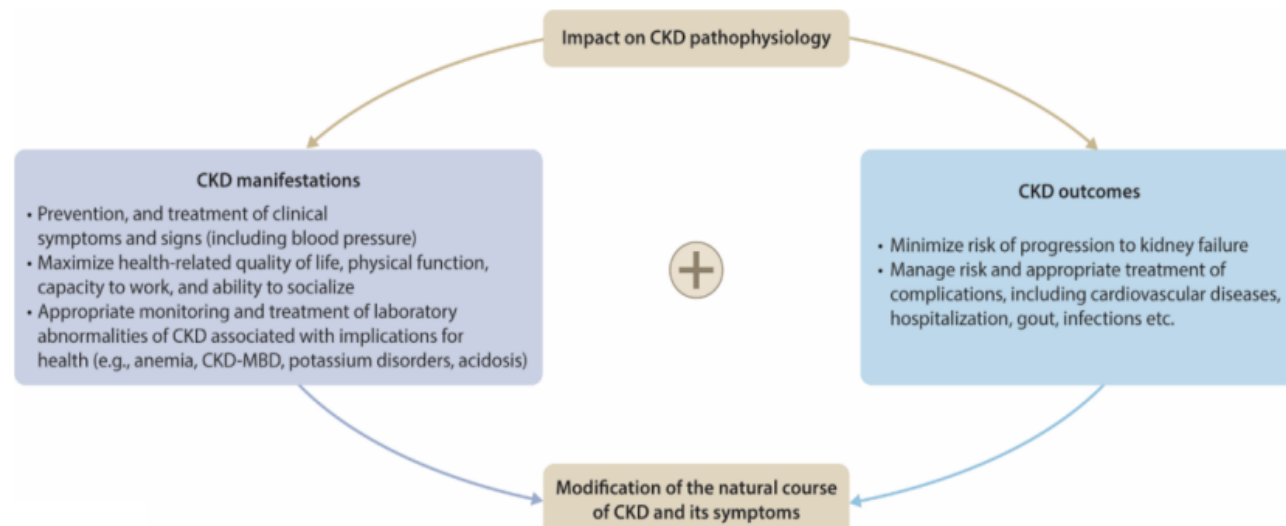


KDIGO: KIDNEY DISEASE IMPROVING GLOBAL OUTCOME

DELAYING CKD PROGRESSION AND MANAGING ITS COMPLICATIONS

3.1. CKD treatment and risk modification

Practice Point 3.1: Treat people with CKD with a comprehensive treatment strategy to reduce risks of progression of CKD and its associated complications



Chronic kidney disease (CKD) treatment and risk modification. CKD-MBD, chronic kidney disease-mineral and bone disorders



KDIGO 2023 CLINICAL PRACTICE GUIDELINE FOR THE EVALUATION AND MANAGEMENT OF CHRONIC KIDNEY DISEASE

PUBLIC REVIEW DRAFT
JULY 2023



ANEMIA: TRADITIONAL RISK FACTOR FOR CHONIC KIDNEY DISEASE, A STATE OF ACCELERATING AGING

Traditional risk factor

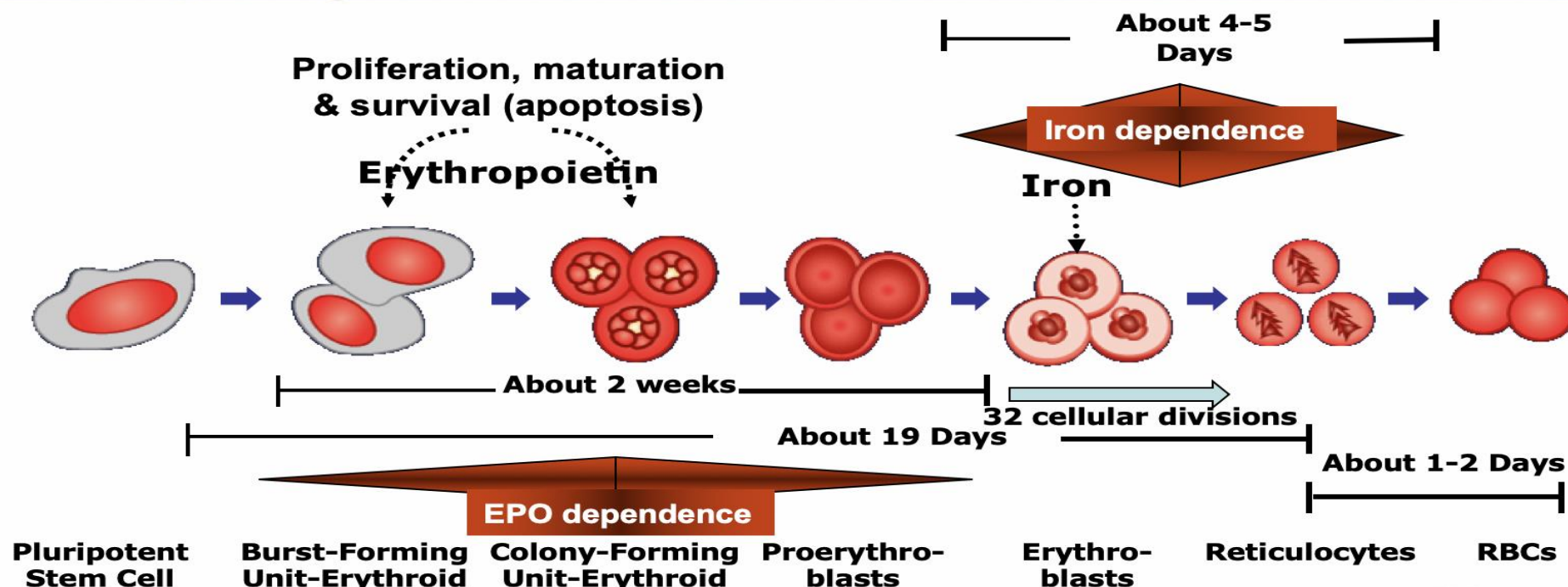
- Anemia
- Hypertension
- Dyslipidemia
- Diabetes
- Smoking
- Age
- Low physical activity
- Inflammation
- Volume overload



**KDIGO 2023 CLINICAL PRACTICE GUIDELINE FOR
THE EVALUATION AND MANAGEMENT OF
CHRONIC KIDNEY DISEASE**



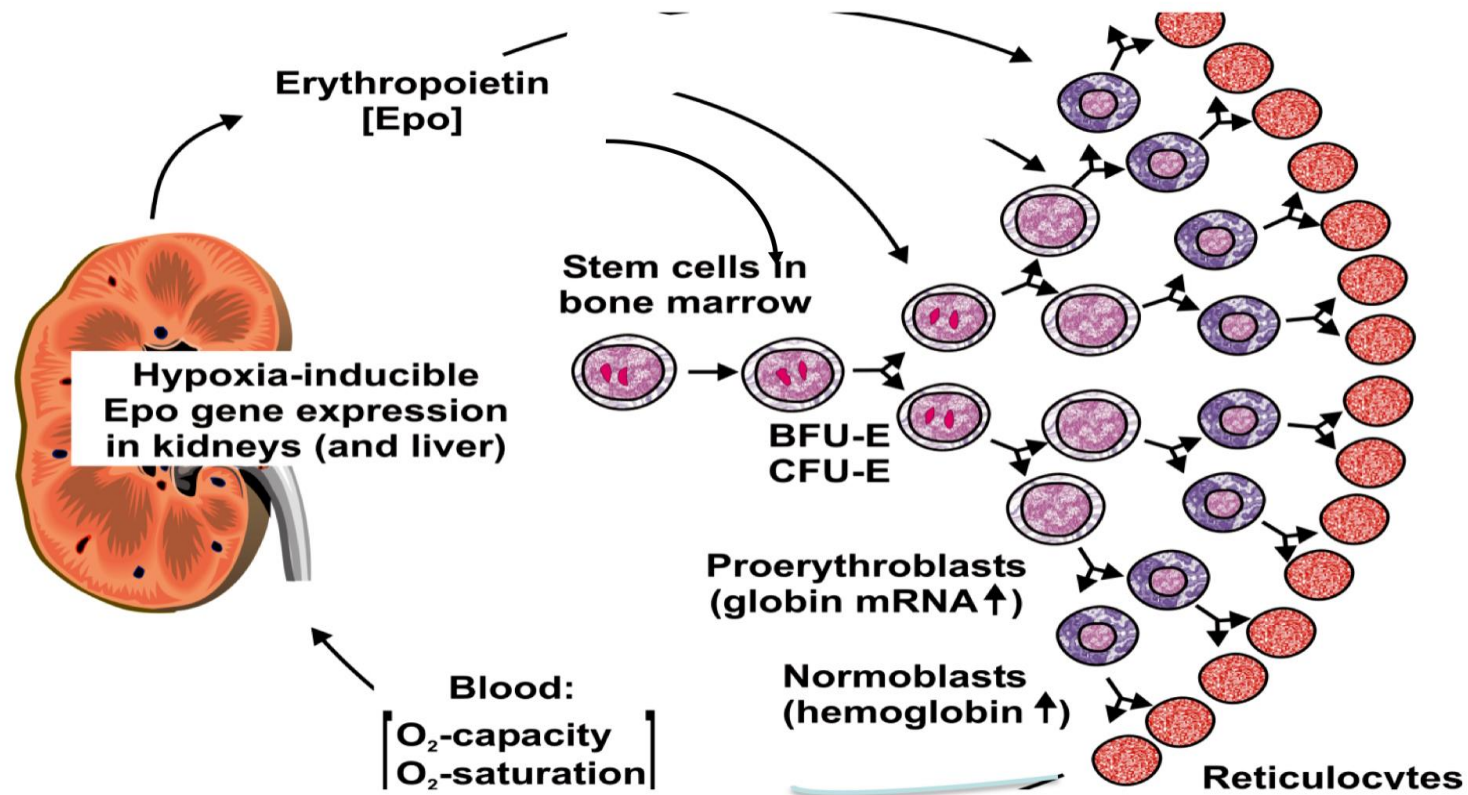
Erythropoiesis is a beautifully orchestrated process requiring many “switches to be turned on”, not just one!



Hillman RS, et al. *Red Cell Manual*, 7th ed. Philadelphia, PA: F.A. Davis Company; 1996:chap 1.
 Papayannopoulou T, et al. In: Hoffman R, et al. eds. *Hematology: Basic Principles and Practice*, 4th ed.
 Philadelphia, PA: Elsevier Churchill Livingstone; 2005:chap 20. Brock. *Iron Metabolism in Health and Disease*. W.B. Saunders Co; 1994



Erythropoiesis



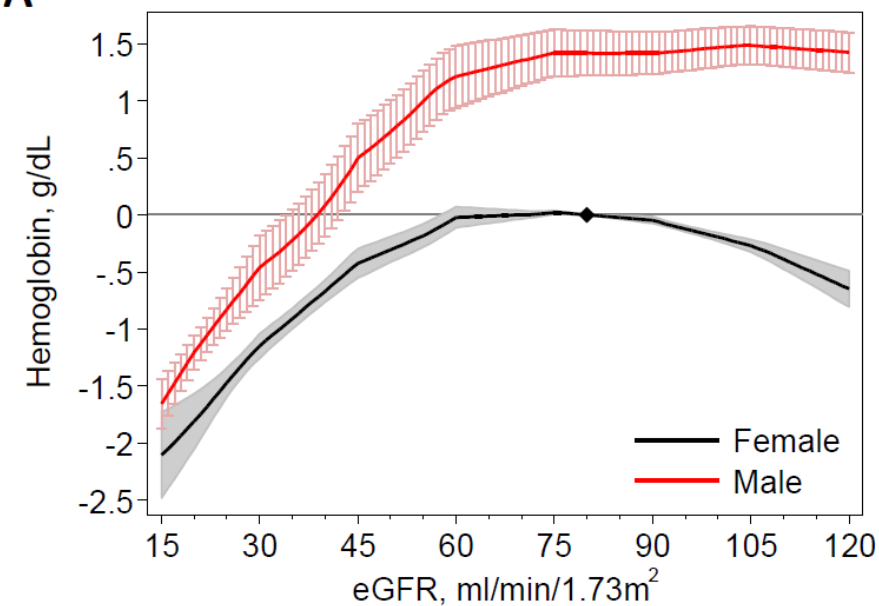


3.11. Anemia

The [*KDIGO 2012 Clinical Practice Guideline for Anemia in Chronic Kidney Disease*](#) will be updated in 2024.⁵⁹

Mean hemoglobin is, on average, lower in both men and women with an eGFR <60 ml/min per 1.73 m² compared to health adults and progressively falls with decreasing GFR (Table 30; Figure 29). For example, adults with CKD G3, A1 in the general and high-risk population cohorts contributing to the CKD Prognosis Consortium had an adjusted prevalence of anemia (hemoglobin <12 g/dl in men; <11 g/dl in women) of 14.9% and 11.5% in those with and without diabetes, respectively. Increasing to 60.7% and 57.4% by CKD G5, A3. Note that a drop in Hb is expected in pregnancy (physiologic anemia) and may not warrant treatment (although the cutoff at which treatment is desirable is unclear and requires

A

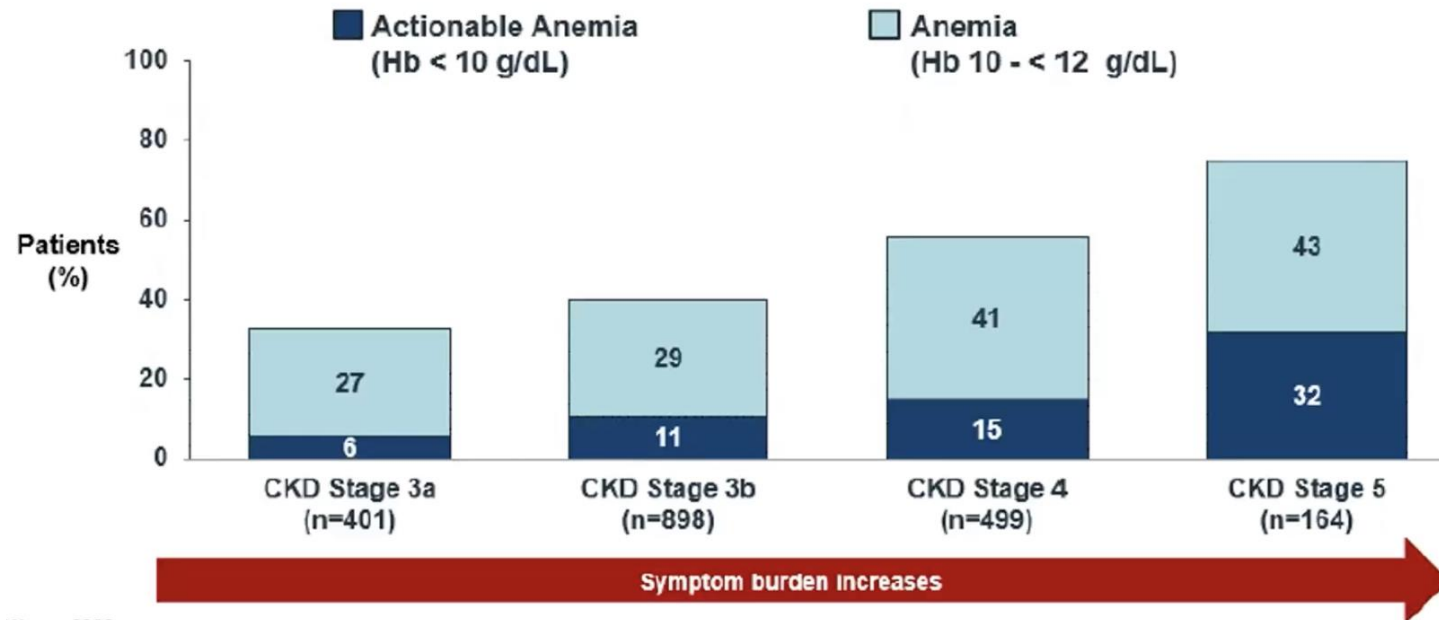


Am J Kidney Dis 2019; **73**: 206-217





Anemia Becomes More Prevalent as CKD Progresses





Discovery of Recombinant EPO

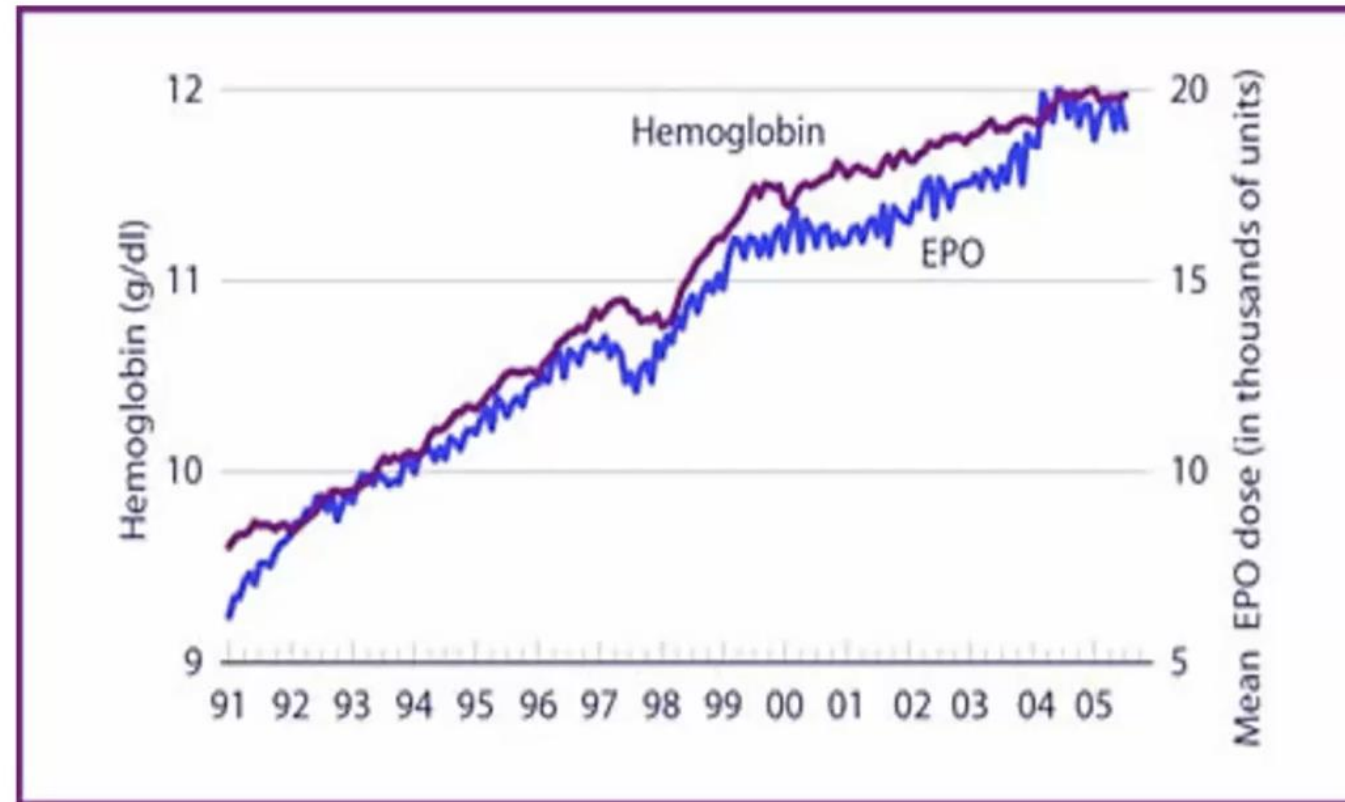
- Gene cloned 1985
- Recombinant protein produced 1989
- Eschbach first test in a human December, 1989
- FDA approval late 1989



Joseph W. Eschbach

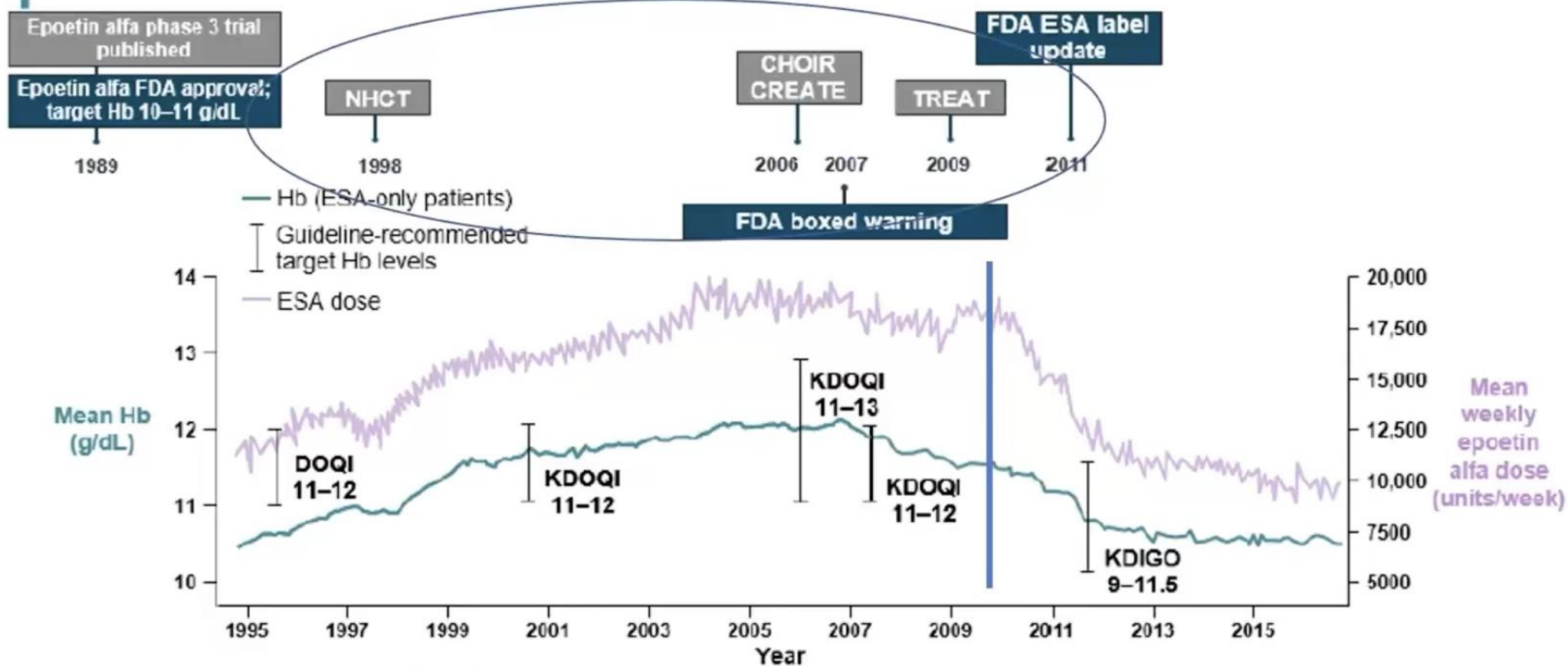


Hemoglobin and EPO Dosing in the U.S. 1991 - 2005





CV Safety Trials Led to ESA Labeling Changes and Decreased Hb Target Levels





FDA EPO Label – “Black Box Warning”

**WARNING: ESAs INCREASE THE RISK OF DEATH,
MYOCARDIAL INFARCTION, STROKE, VENOUS
THROMBOEMBOLISM, THROMBOSIS OF VASCULAR ACCESS
AND TUMOR PROGRESSION OR RECURRENCE**

See full prescribing information for complete boxed warning.

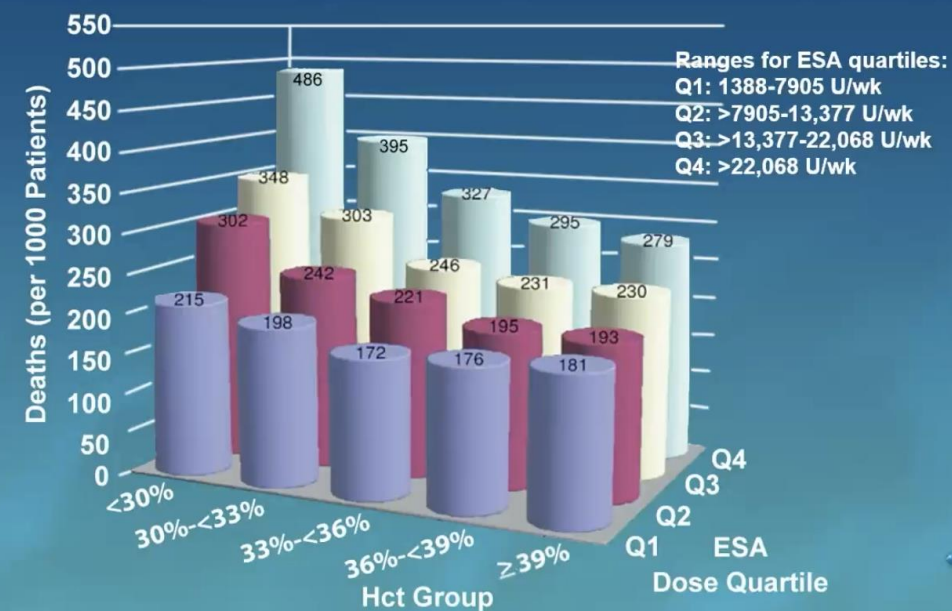
Chronic Kidney Disease:

- **In controlled trials, patients experienced greater risks for death, serious adverse cardiovascular reactions, and stroke when administered erythropoiesis-stimulating agents (ESAs) to target a hemoglobin level of greater than 11 g/dL (5.1).**
- **No trial has identified a hemoglobin target level, ESA dose, or dosing strategy that does not increase these risks (2.2).**
- **Use the lowest Epogen dose sufficient to reduce the need for red blood cell (RBC) transfusions (5.1).**

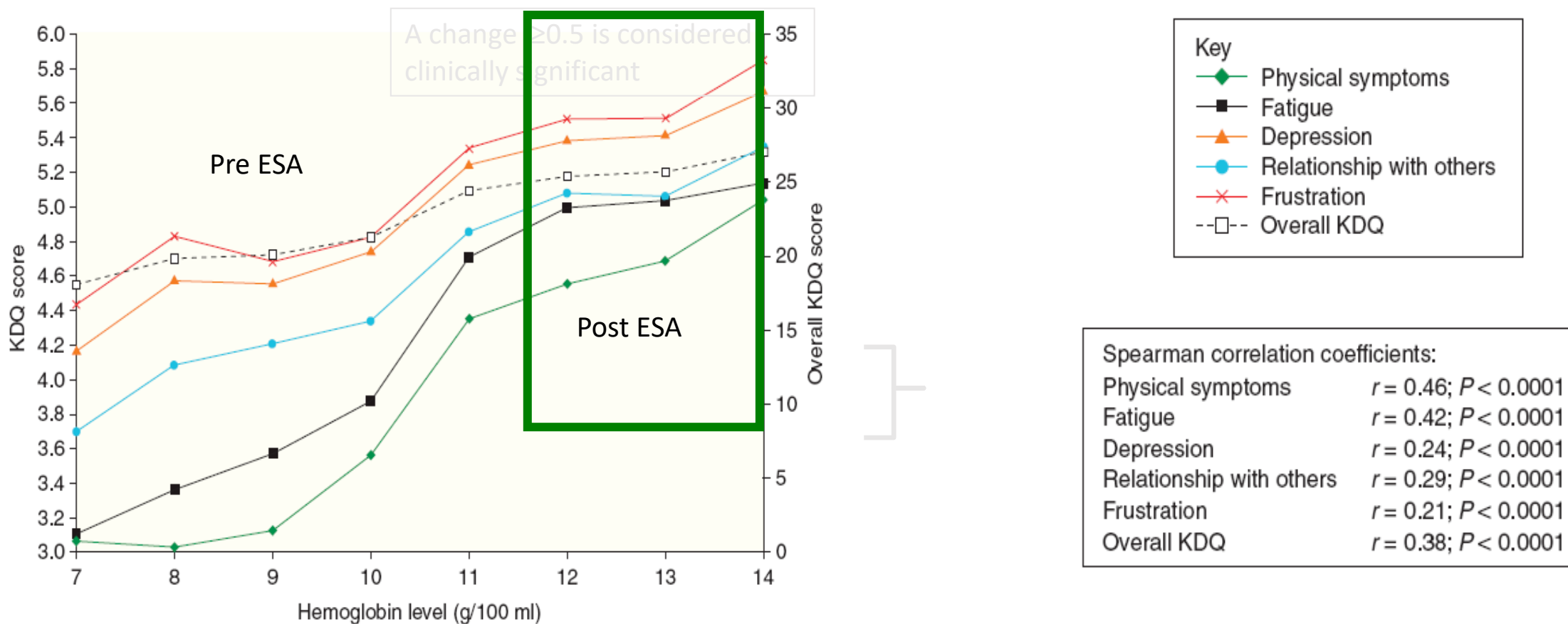
Why are Higher Hb Targets Harmful?

- No definite answer
- High Hb / increased blood viscosity [in patients with atherosclerosis]?
- Higher ESA doses?
 - Normal serum EPO around 10 IU/L, post-IV dose can rise to 500 IU/L
- Other?

Greater ESA Dose Is Associated With Mortality (Observational Data)



Meta-analysis of Relationship of HRQoL to Mean Hb in CKD & Dialysis Trials



Most improvement occurs within a Hb range of 9.5 to 12 g/dL

Leaf and Goldfarb *Kidney International* 75: 15–24, 2009

HRQoL: Health-Related Quality of Life

Current Status of Anemia and its Treatment in CKD

- Chronic kidney disease (CKD) is associated with excessive cardiovascular morbidity and mortality
- Anemia is common in CKD (particularly in stage 3b-5) and contributes to poor patient outcomes
- Observational studies indicate that low Hb levels in CKD patients may increase risk for progression of kidney disease, cardiovascular morbidity and mortality⁵. No definitive proof. RCTs have not shown this effect
- Controlled clinical trials of anemia treatment with erythropoietin stimulating agents (ESAs) to reasonable Hb levels (10-13 g/dL) have improved symptoms but have not demonstrated improved outcome
- ESA treatment to higher Hb levels (> 13 g/dL) in NHCT and CCT studies (HD patients) and CREATE, CHOIR, and TREAT studies (non dialysis CKD patients) is associated with worse outcomes (hypertension, thrombosis, cerebrovascular risk)



Can Anemia Treatment be Improved?

- Treat symptoms and improve quality of life without CV risks
- Hypothesis- Traditional ESAs -very high serum erythropoietin concentrations - and this may be the cause of the increased risk
- **Hypoxia Inducible Factor – Prolyl Hydroxylase Inhibitors (HIF-PHIs)**
 - Increase in serum erythropoietin that does not rise beyond physiologic levels
 - Would that allow for anemia correction without CV / Thrombotic risk?



Quick Primer: Hypoxia Inducible Factor (HIF)

- Oxygen-sensitive transcription factors

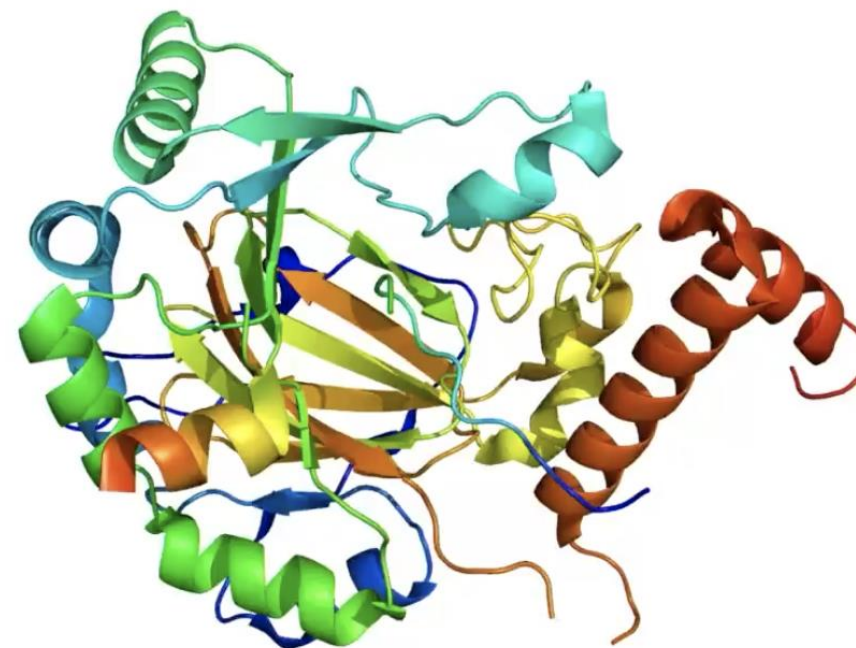
Nobel Prize, Medicine and Physiology 2019



William
Kaelin

Gregg
Semenza

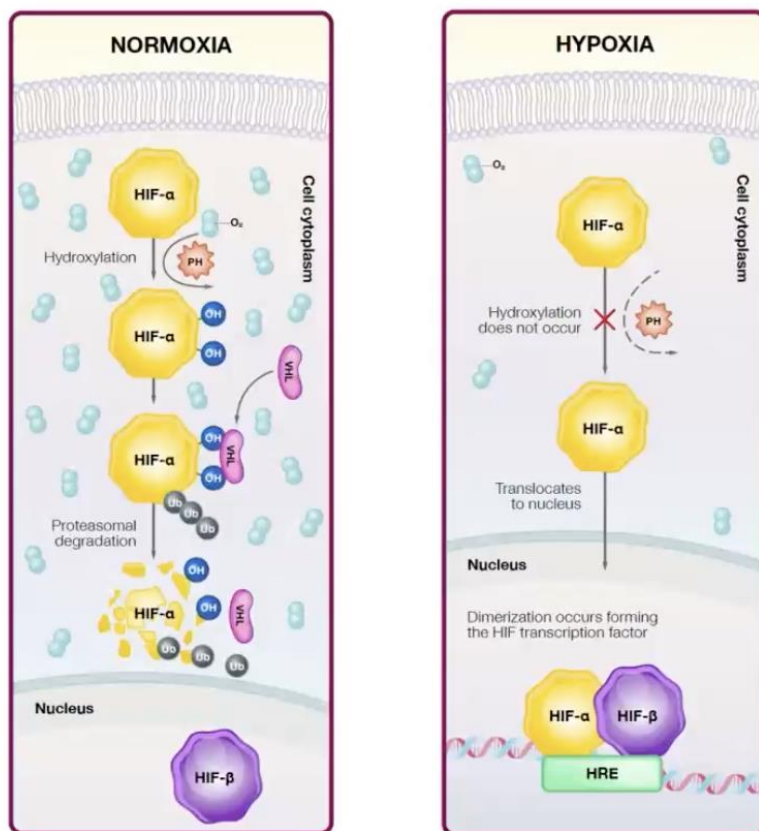
Peter
Ratcliffe





Challenges of translating basic research into therapeutics

The HIF Pathway is the Key Oxygen-Sensing Pathway in all Cells

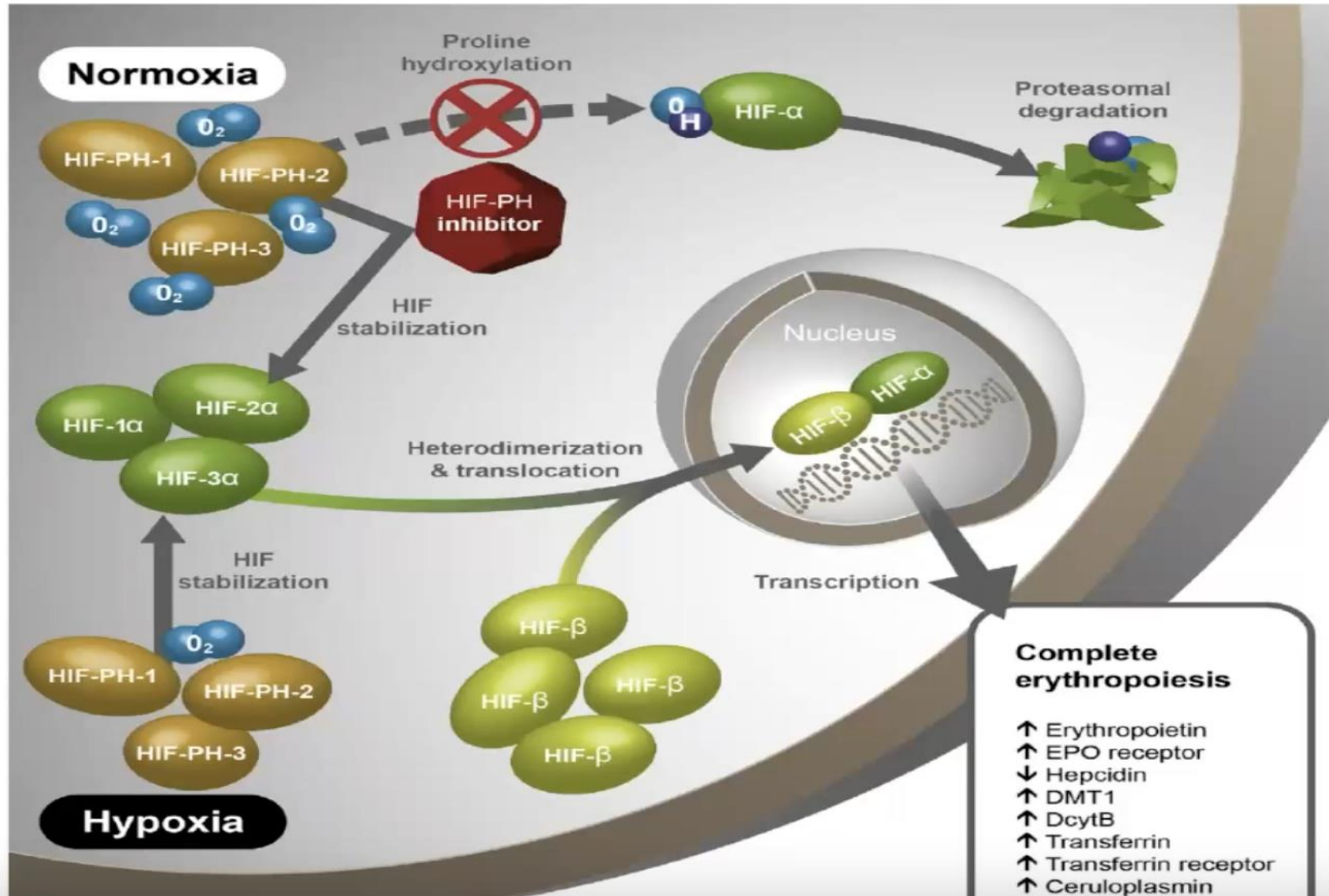


- HIF-PHIs
 - Drugs block PHs
 - HIF-α not degraded
 - Increase production of proteins that protect against hypoxia
 - EPO
 - Iron stabilizing
 - Many others

Note: Figures based on in vitro studies and animal models.

HRE = hypoxia response element; OH = hydroxyl; PH = prolyl hydroxylase; Ub = ubiquitin; VHL = Von Hippel-Lindau.

1. Kaelin WG Jr et al. *Mol Cell*. 2008;30:393-402; 2. Koury MJ et al. *Nat Rev Nephrol*. 2015;11:394-410; 3. Haase VH. *Blood Rev*. 2013;27:41-53; 4. Wenger RH et al. *Am J Physiol* 2010;298:F1287-F1296.



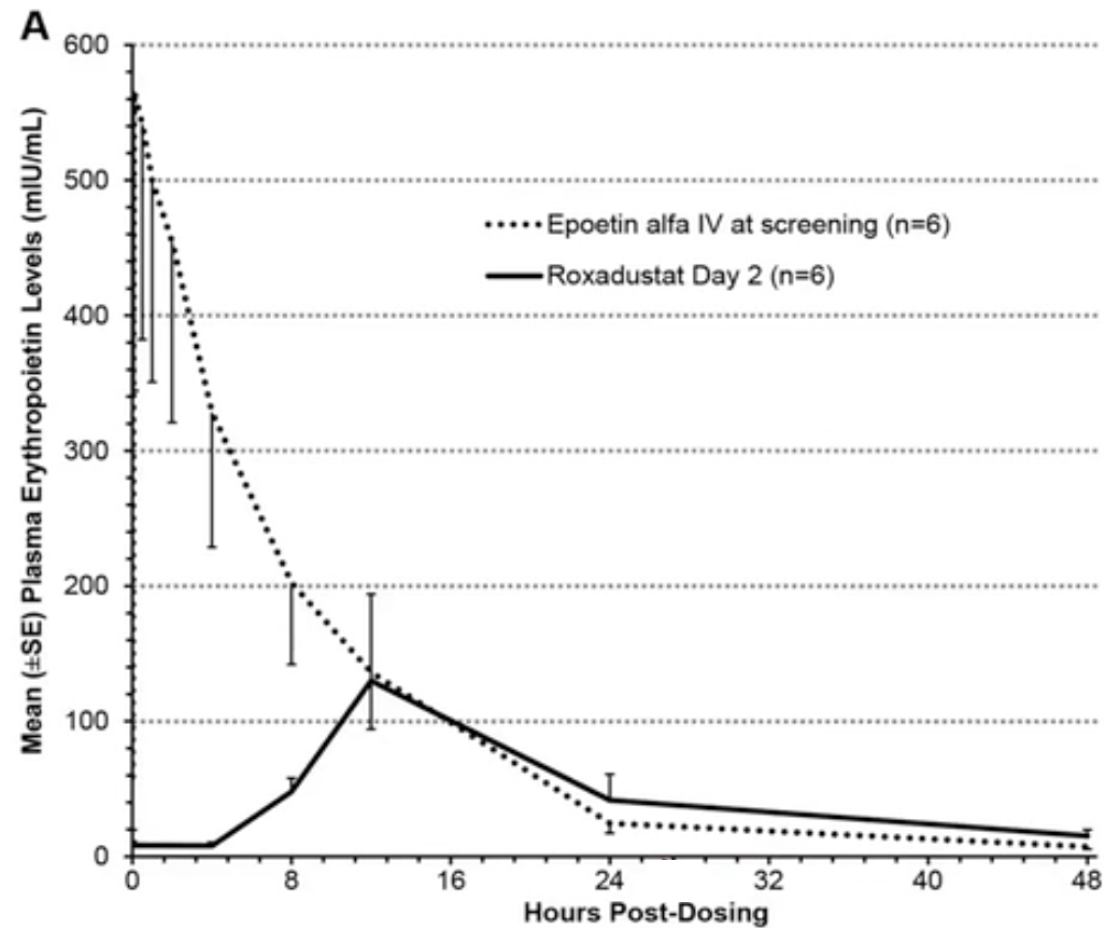


Hypoxia Inducible Factor – Prolyl Hydroxylase Inhibitors (**HIF-PHs**): A new class of oral drugs for the treatment of renal anemia

- **ROXADUSTAT**/Evrenzo/Ai Ruizho/Rosasat --- Fibrogen/AstraZeneca/Astellas
- **DAPRODUSTAT**/Duvroq --- GlaxoSmithKlein/GSK – Kyowa Kirin
- **VADADUSTAT**/Vafseo. --- Otsuka Pharmaceutical/Akebia Therapeutics
- Molidustat
- Desidustat/Oxemia
- Enarodustat/Enaroy (Japan)



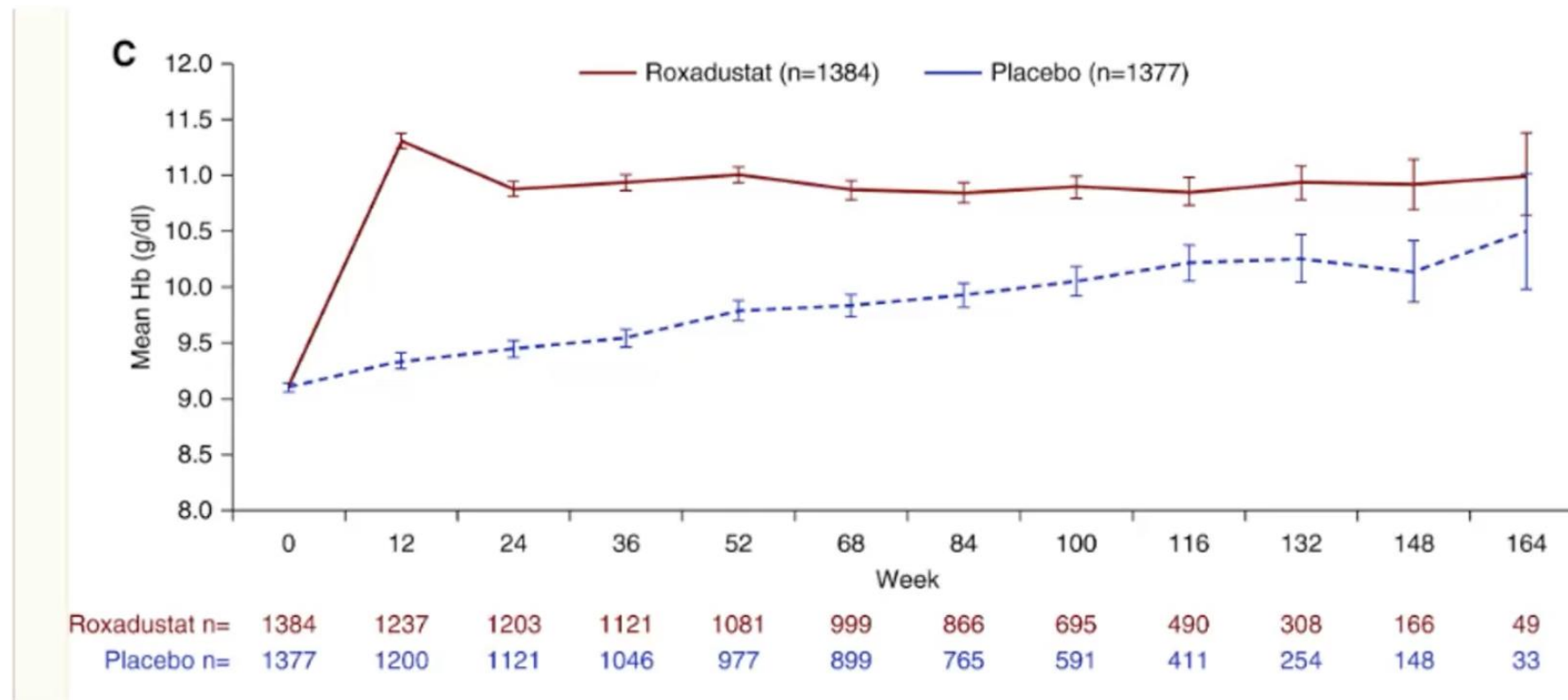
HIF-PHIs and Serum Erythropoietin



Provenzano et al. Am J Kidney Dis
. 2016 Jun;67(6):912-24

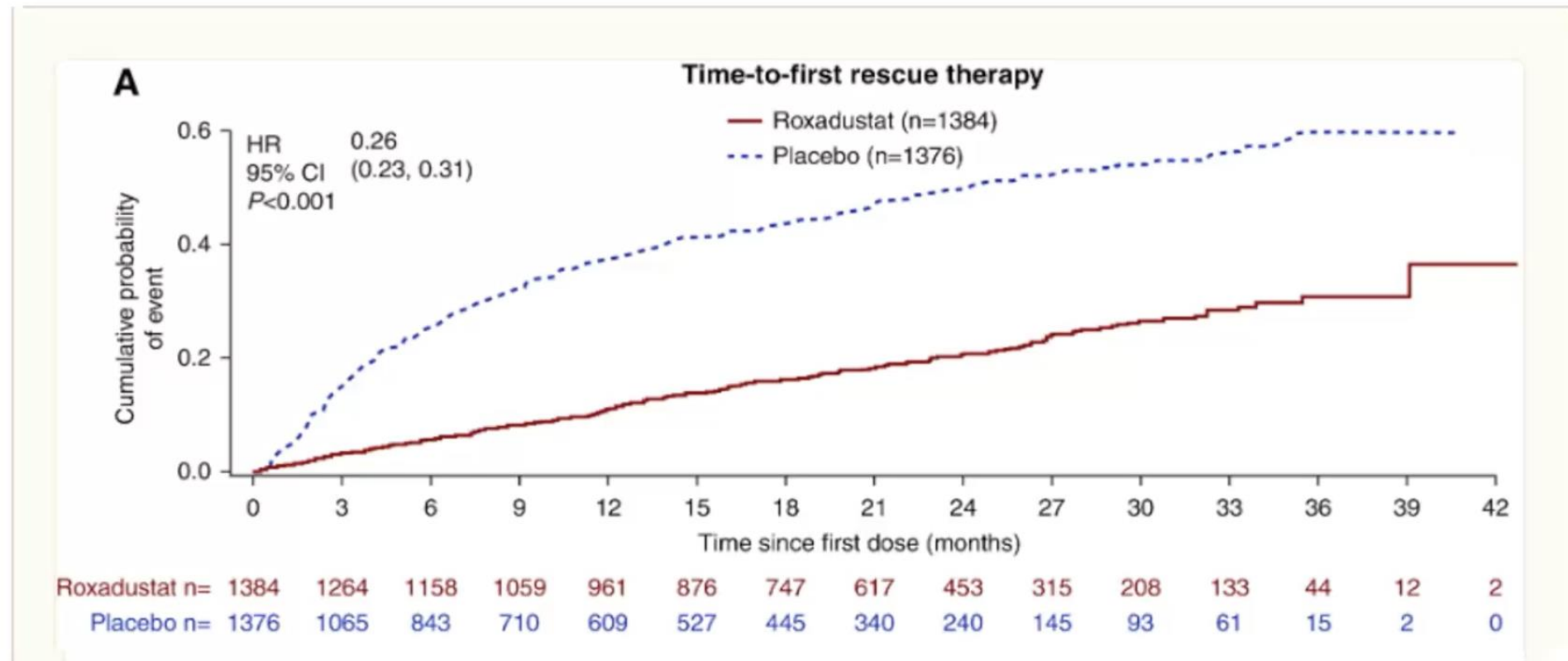


Roxadustat Efficacy – Nondialysis CKD vs. Placebo



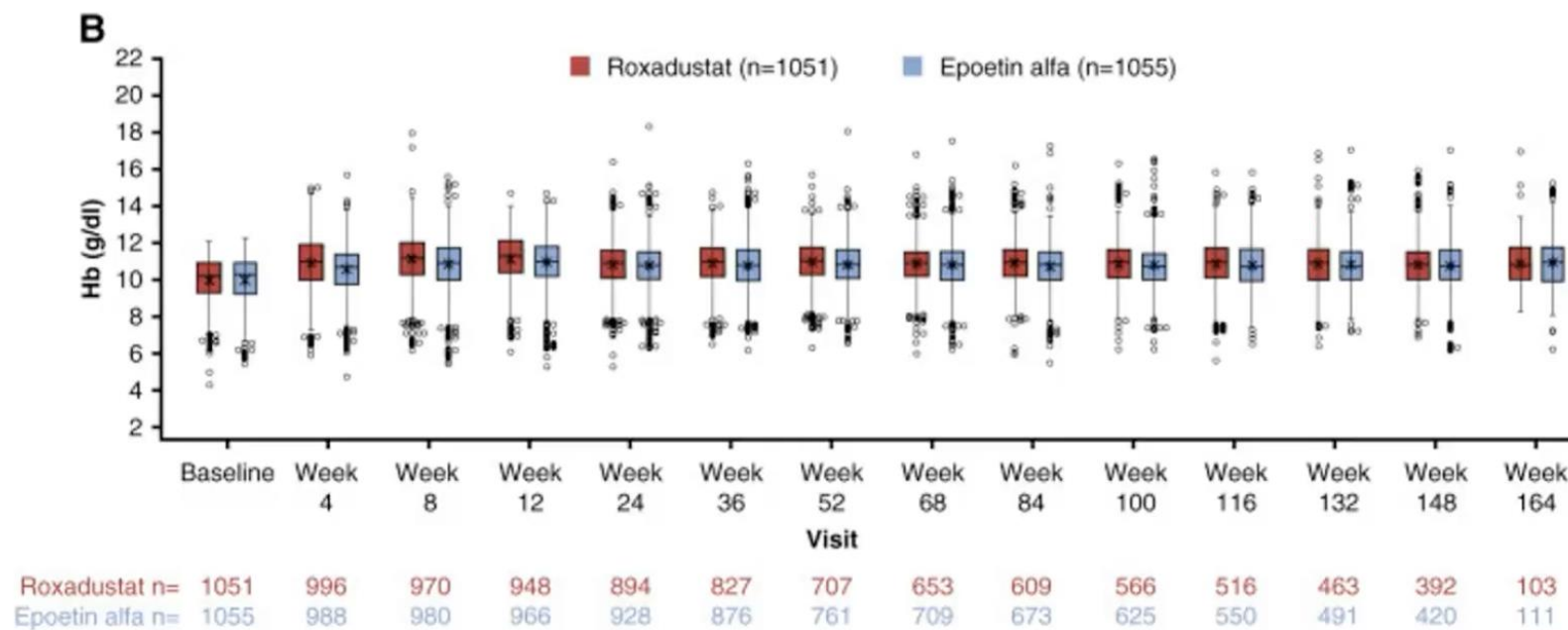


Roxadustat Efficacy – Nondialysis CKD vs. Placebo



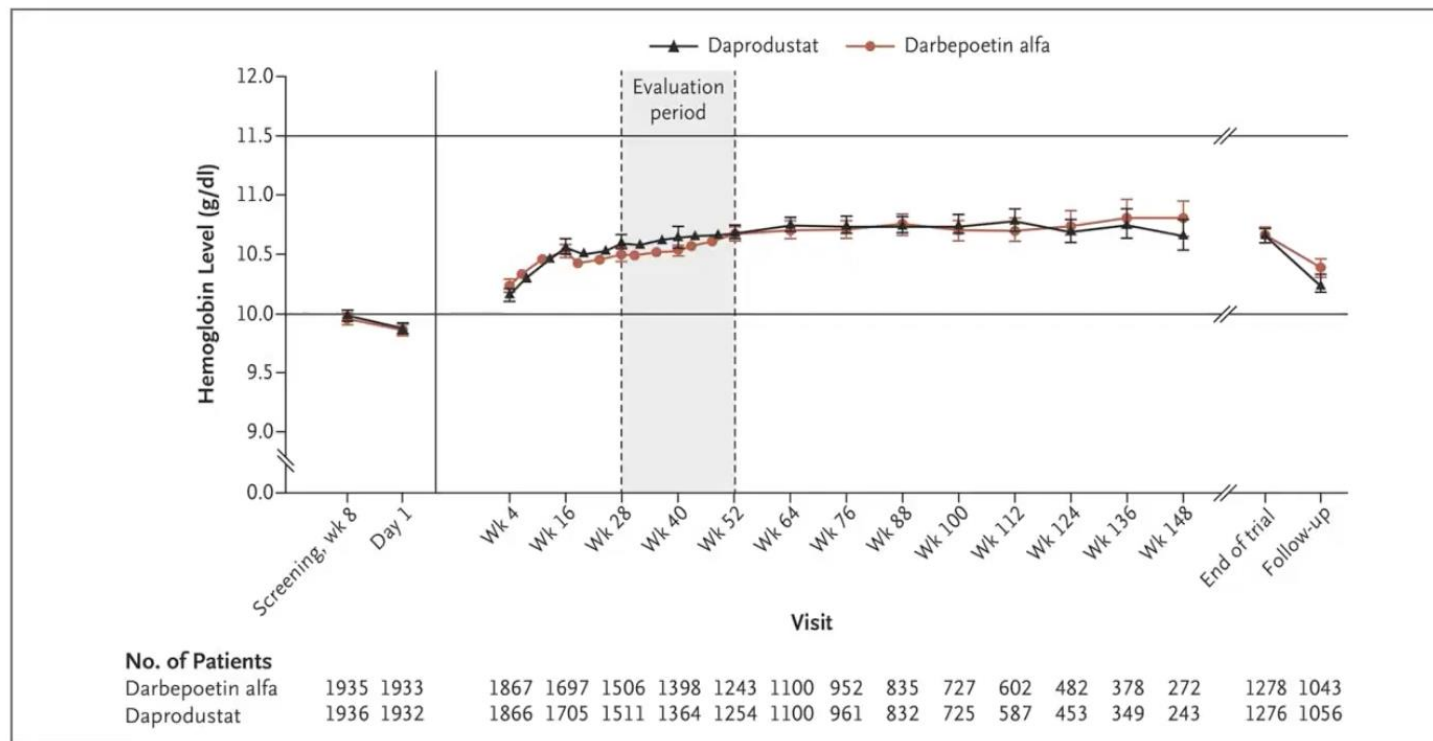


Roxadustat Efficacy – Dialysis vs. ESA





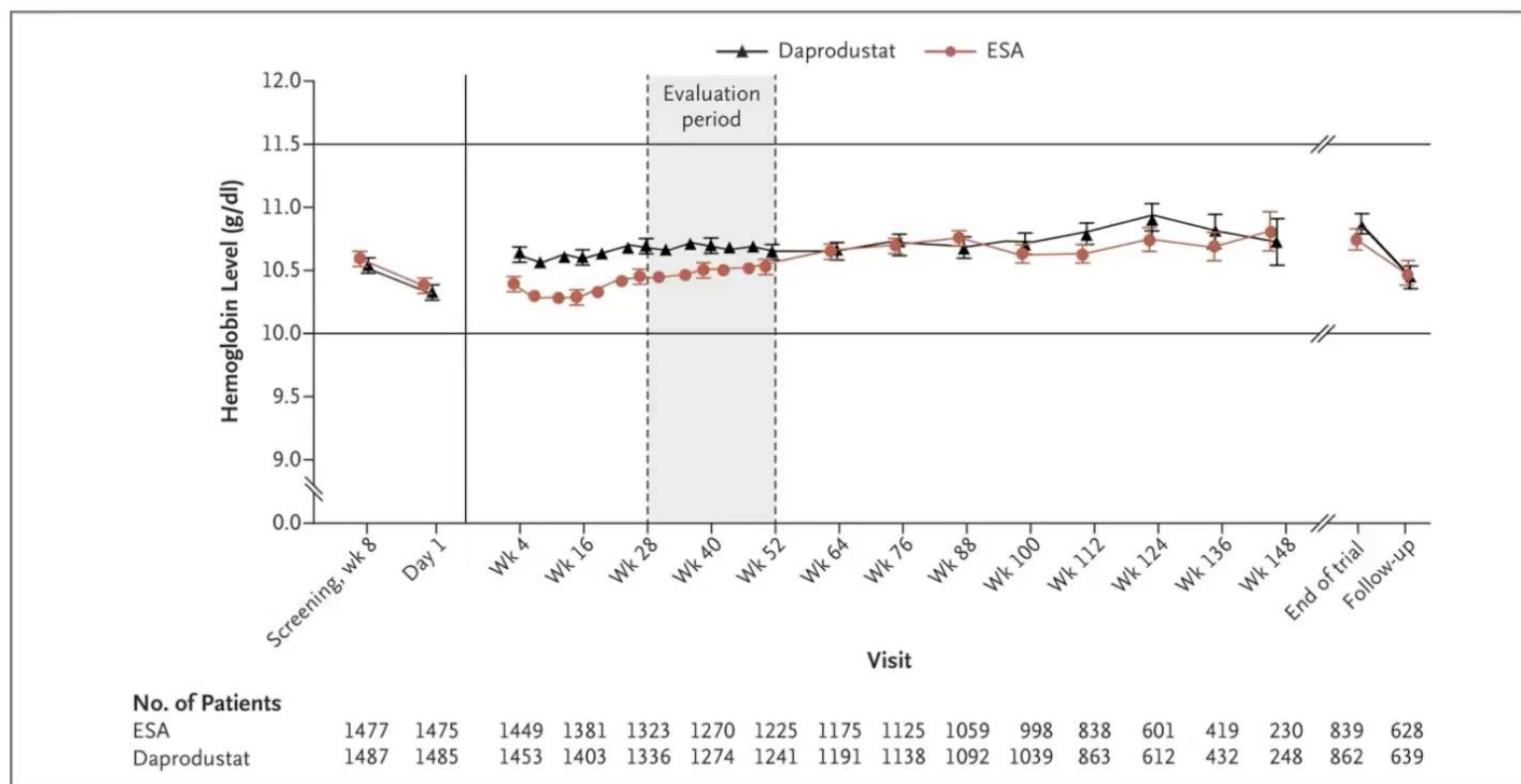
Daprodustat in Nondialysis CKD (vs. Darbepoetin Alfa)



Singh et al. N Engl J Med
. 2021 Dec 16;385(25)

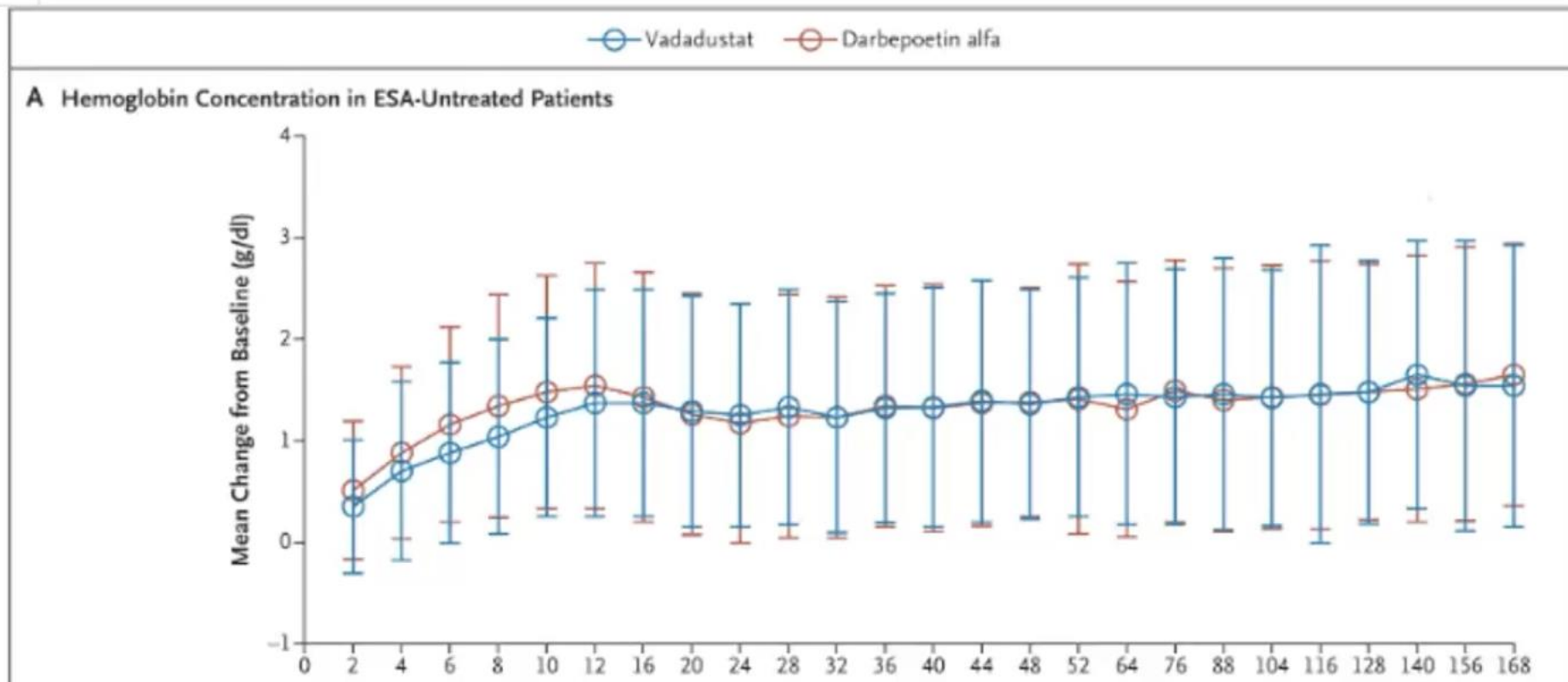


Daprodustat in Dialysis (vs. Darbepoetin Alfa)



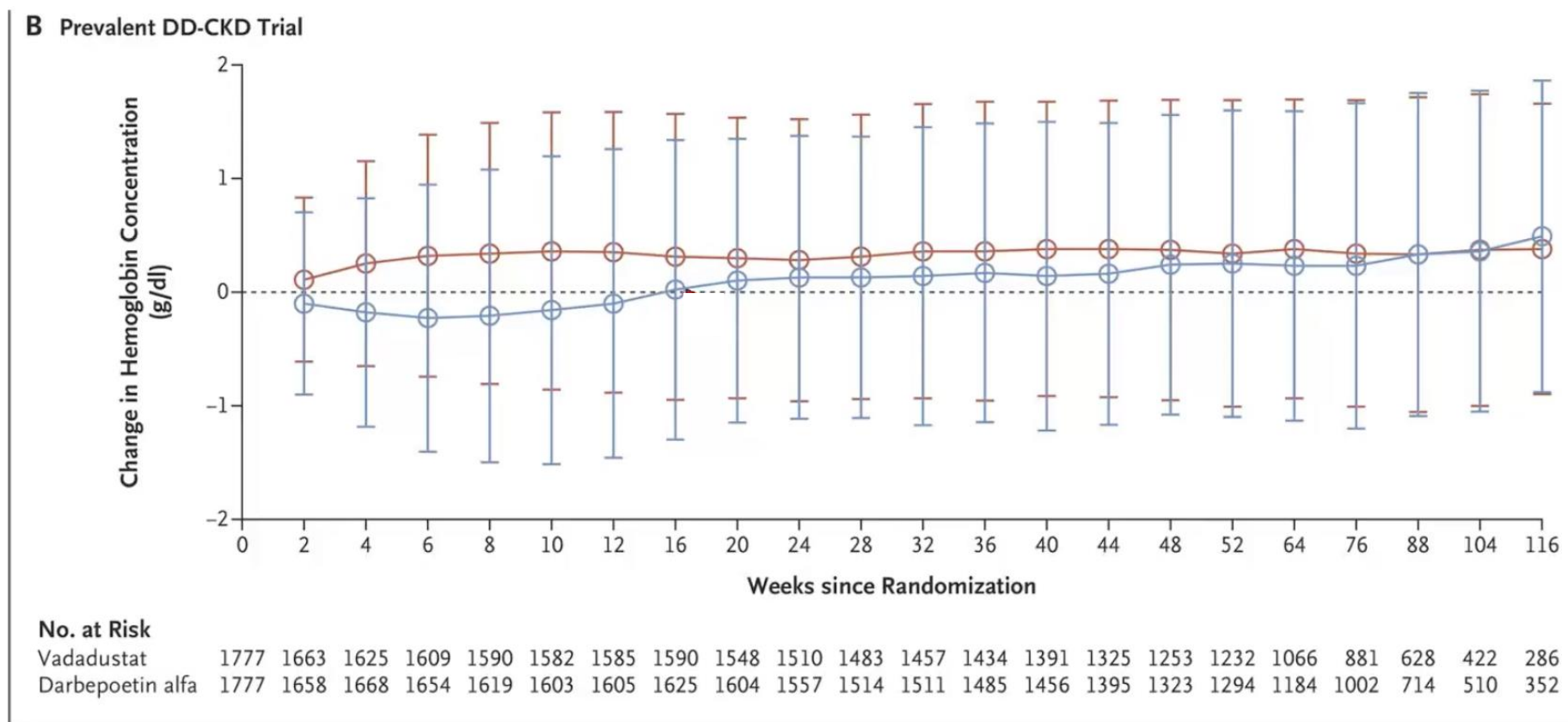


Vadadustat – Nondialysis (vs. Darbepoetin Alfa)





Vadadustat – Dialysis (vs. Darbepoetin Alfa)





HIF-PHIs and Iron

- HIF-PHIs cause production of a large number of proteins that improve iron availability
 - And result in reduced serum hepcidin
- Are these effects clinically meaningful?



HIF-PHIs and Iron (Cont.)

- Meta-analysis included 12 RCTs, involving 6 HIF-PHIs and 1,382 patients
- Compared with placebo, HIF-PHIs:
 - Increased TIBC - transferrin
 - Did not change serum iron, so lower TSAT
 - Decreased serum ferritin, and hepcidin
- Does improved cellular iron availability improve health?
- Is there decreased need for IV Iron?



Effect of Censoring Time on MACE in ASCEND-ND

Major Adverse Cardiovascular Events

...the on-treatment MACE analysis, which censored data on patients at 28 days after the date of the last dose, showed a higher incidence of a first MACE during the treatment period in the daprodustat group (14.1%) than in the darbepoetin alfa group (10.5%) (hazard ratio, 1.40; 95% CI, 1.17 to 1.68).

Singh, et al. NEJM 2021

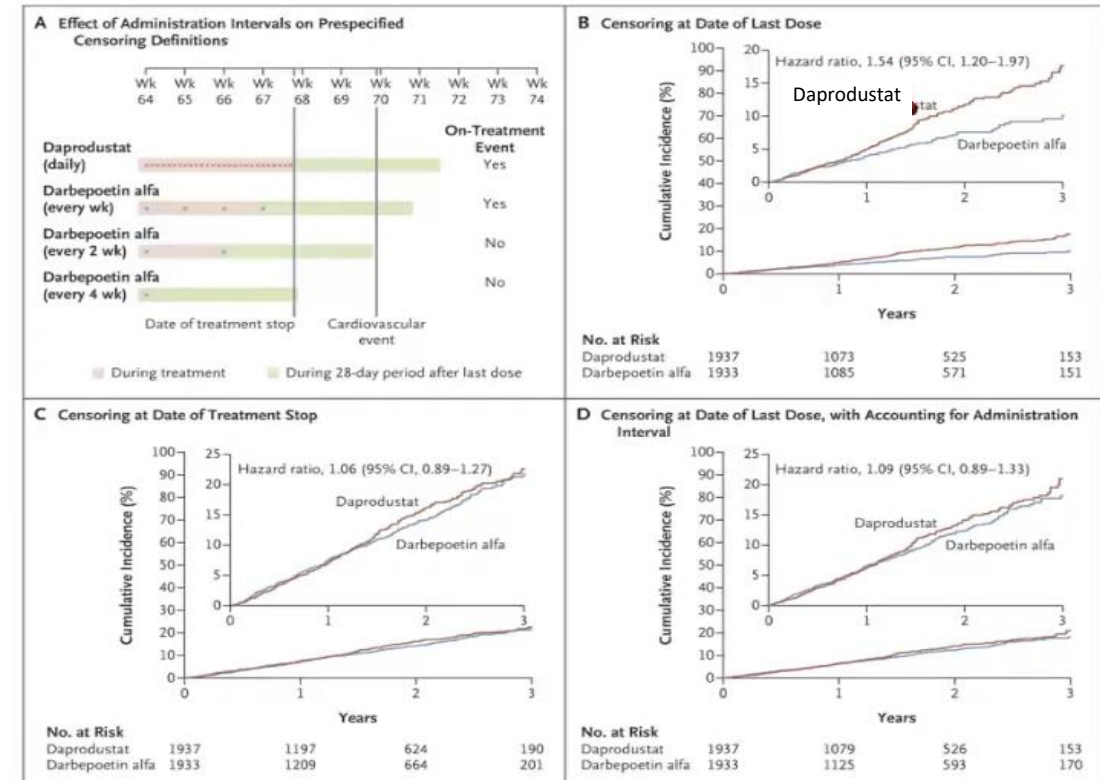




Figure 11: MACE and its Components for Studies in the DD Population (OT+7 Analysis)

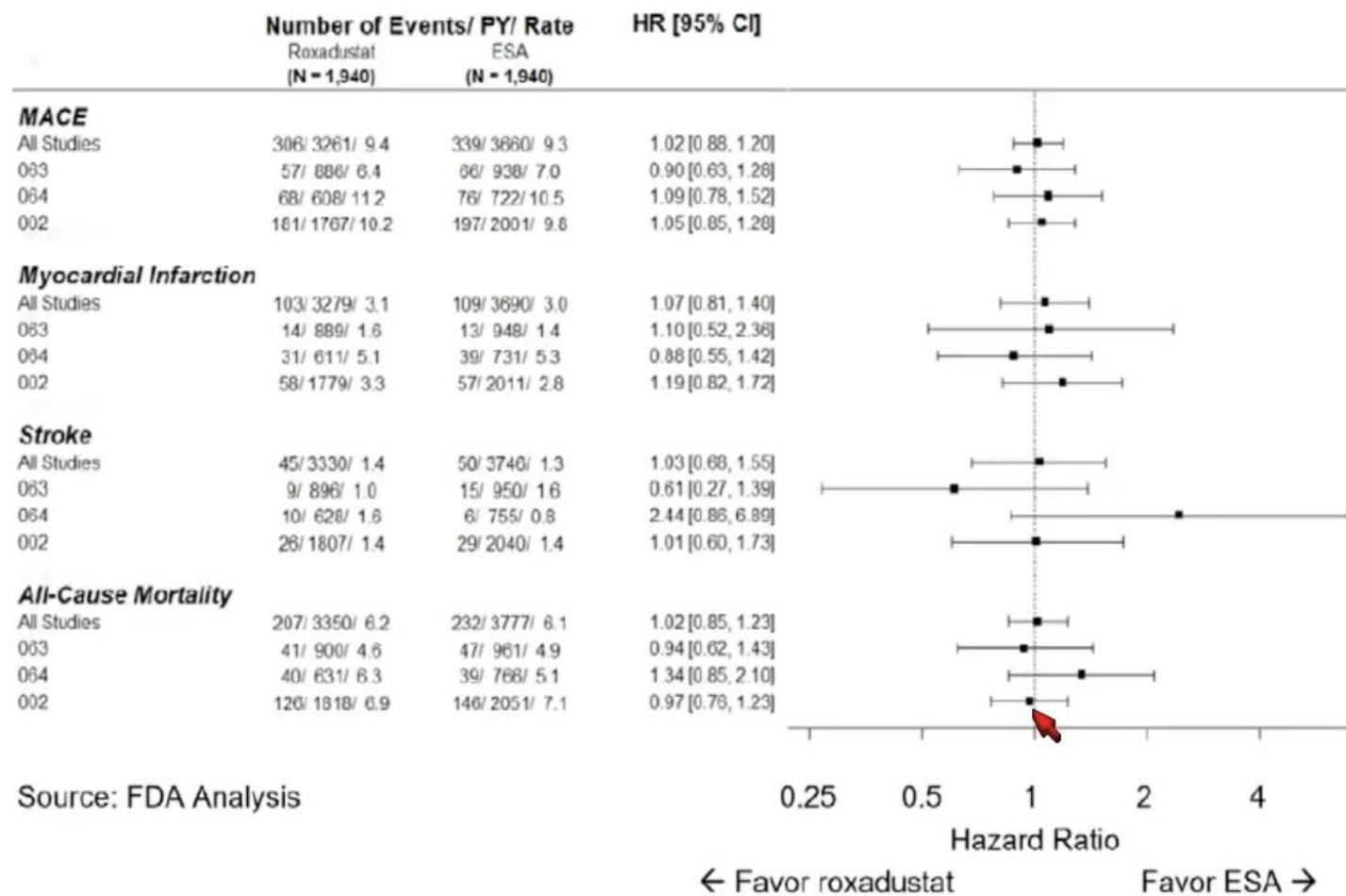
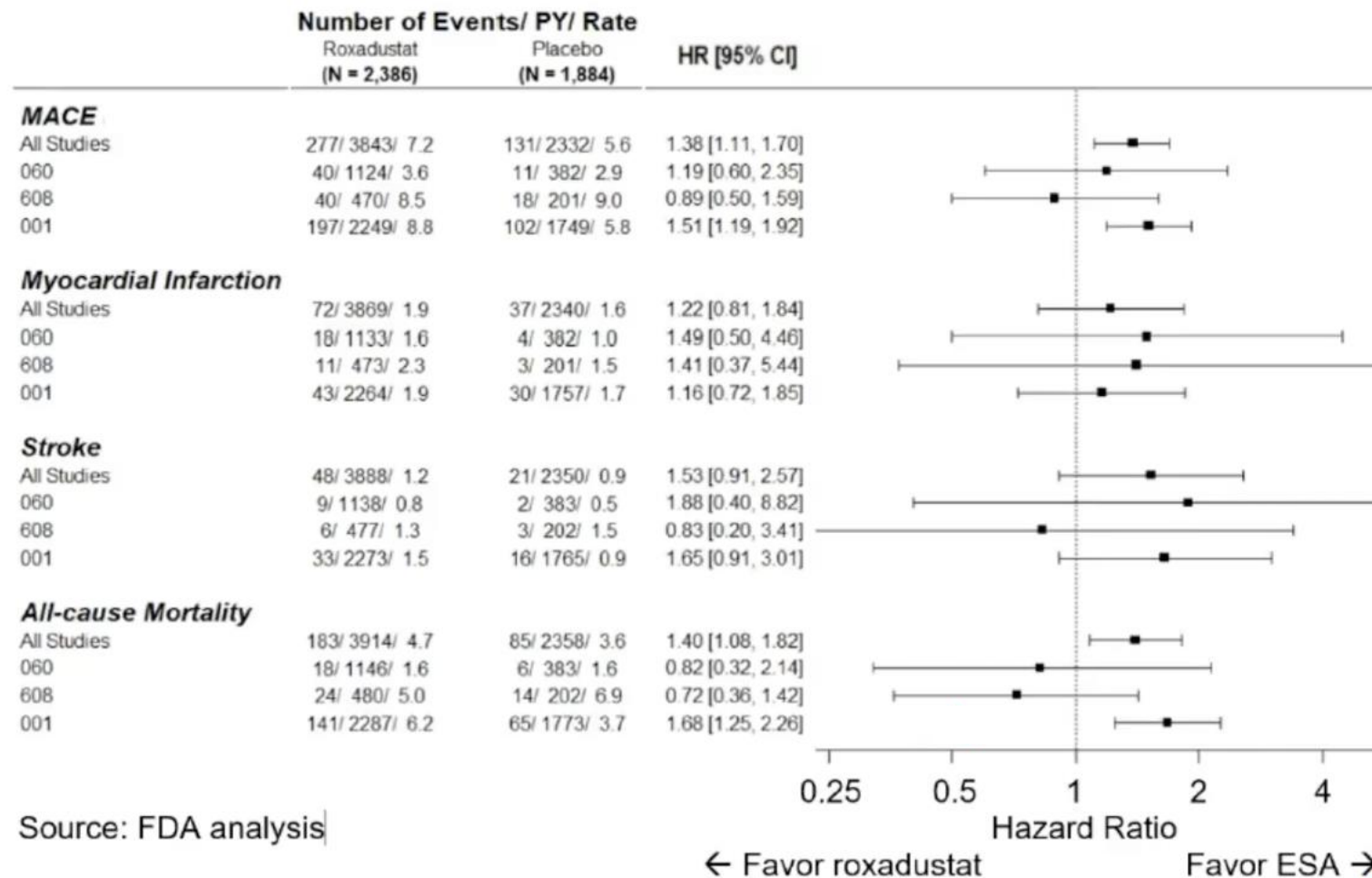




Figure 9: MACE and its Components for Studies in the NDD Population (OT+7 Analysis)



Source: FDA analysis



Cancer Risk in ASCEND-ND

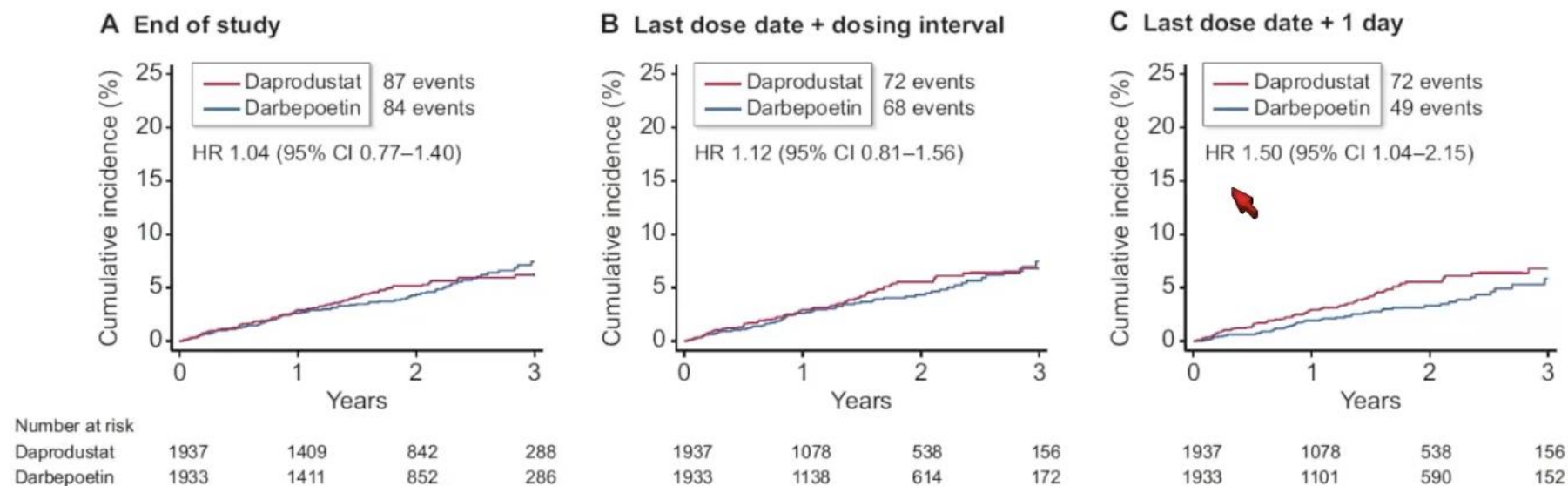


Figure 2: Kaplan–Meier curves for on-treatment cancer-related AE analyses of the ASCEND-ND trial according to various censoring times.



----- CONTRAINDICATIONS -----

- Strong cytochrome P450 2C8 (CYP2C8) inhibitors such as gemfibrozil. (4)
- Uncontrolled hypertension. (4)

----- WARNINGS AND PRECAUTIONS -----

- Risk of Hospitalization for Heart Failure: Increased in patients with a history of heart failure. (5.2)
- Hypertension: Worsening hypertension, including hypertensive crisis may occur. Monitor blood pressure. Adjust anti-hypertensive therapy as needed. (5.3)
- Gastrointestinal Erosion: Gastric or esophageal erosions and gastrointestinal bleeding have been reported. (5.4)
- Not indicated for treatment of anemia of CKD in patients who are not dialysis-dependent (5.5)
- Malignancy: May have unfavorable effects on cancer growth. Not recommended if active malignancy. (5.6)

Hyperkalemia more common than with placebo in some studies

FDA



ESA Hyporesponsiveness

- In ASCEND-D 12% of subjects were identified as being ESA-hyporesponsive and were reported as having similar Hb response as others
- Some dialysis patients will have a partial Hb response to a HIF-PHI but many remain below target and need higher doses than most subjects in clinical trials received



HIF-PHIs for Anemia Treatment in Kidney Disease The PRO Position

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HIF-PHIs for Treatment of Anemia: Con

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KIDNEY
WEEK 20
23





The PRO side of HIF-PHIs

- The importance of anemia has gone from overemphasized (1990s) to grossly underappreciated (now)
- Anemia in nondialysis CKD is undertreated
- 40% of patients receive transfusions in the 2 years prior to dialysis
 - Harming subsequent transplantation opportunity
 - Increasing risk of subsequent graft failure
 - Oral agents would facilitate effective treatment and may reduce the high number of blood transfusions



Efficacy

- HIF-PHIs raise Hb as effectively as ESAs
- They reduce blood transfusions compared to placebo
- They accomplish this despite being administered orally
- There may be secondary beneficial effects



Conclusion

- HIF-PHIs allow for anemia treatment without the potentially harmful large surges in serum erythropoietin induced by ESAs
- Global Phase 3 studies indicate the clear efficacy of these agents
 - There may be secondary beneficial effects of treatment
- The oral route of administration creates significant opportunities
- As with all medical treatments, benefits must be weighed against risks
 - **The safety of HIF-PHIs proved complex to analyze in phase 3 studies**
- **November, 2023- HIF-PHIs approved in many countries in Europe and Asia**
 - In U.S., only daprodustat is approved- and only for patients on dialysis for at least 4 months



The CON side of HIF-PHIs

Daprodustat in the US

- Retail price about \$125-130 for 1 mg pill (all prices from GoodRx website)
 - About half of patients treated on study with ≤ 6 mg, half 8-24 mg
 - \$425 for 150 mcg of methoxy polyethylene glycol-epoetin beta
 - \$800 for 25 mcg darbepoetin
- In-center HD---why switch from IV to pill unless given in HD unit for financial reasons?
- Home dialysis---perhaps as alternative to IV or SC ESA depending on patient preference
- ESA-hyporesponsive patients---perhaps a short trial
- Drug-drug interactions (metabolized mainly by CYP2C8)
 - Clopidogrel and TMP are CYP2C8 inhibitors ; increase daprodustat levels
 - Rifampicin decreases circulating levels of daprodustat by induction of CYP2C8
 - Note: Other HIF-PHIs have other drug-drug interactions



The CON side of HIF-PHIs

Conclusions

- Proven to be [more] effective and at least as safe
- Proven to be safer and sufficiently effective
 - HIF-PHIs have a “safety profile that seems, in sum, no better than the existing ESAs” McCallum, Weiner. CJASN 2022
 - “In terms of cardiovascular safety, HIF-PHIs are inferior to, or at best similar to conventional ESAs. Different safety signals were observed for different HIF-PHIs across large phase 3 trial programs, and concerns surrounding cardiovascular and thrombotic risks persist” KDIGO Controversies Conference 2023
- Preferred route of administration
- Less expensive
 - Approved 10/1/2023 for TDAPA (1 mg)
- Patient preference



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Clinical Kidney Journal, 2023, vol. 16, no. 5, 776–779


<https://doi.org/10.1093/ckj/sfad026>

Advance Access Publication Date: 1 March 2023

Editorial Comment

EDITORIAL COMMENT

Hypoxia-inducible factor stabilizers: 27 228 patients studied, yet a role still undefined

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Other approaches being taken: present & future

1. Increasing late stage erythrocyte survival [Activin Traps].

- **Ligand-trapping fusion protein** (ACE-536, Setercept) containing the extracellular domain of human activin receptor type IIB (ActRIIB, TGF- β superfamily) modified **to reduce activin binding**
- They may also increase BFU-E and CFU-E via Erythropoietin
- They increase the number of daughter cells that mature from 32 to 36-40 by preventing “apoptosis”
- Might be very effective in MDS, thalassemias
- Effect in humans being evaluated
- Also has effects on metabolic bone disease to increase cortical bone thickness (mass)

2. Targeting the Hepcidin-Ferroportin Axis

- Direct inhibitors of hepcidin function (Direct Hepcidin Antagonists)
 - Prevent the transcription of hepcidin (Hepcidin Production Inhibitors)
1. Promote resistance of ferroportin to hepcidin action (Ferroportin agonists/ stabilizers)

3. SGLT2 Inhibitori